

FOUR-DAY SCHOOL WEEK CALENDAR

(A work in progress)

NOTE: The Four-Day School Week is really a school calendar issue; however, four-day school weeks also have important implications for school bell schedules.

Example of a Bell Schedule from a High School on a Four-Day School Week Calendar

*Millcreek High School
Washington County School District
St. George, Utah*

Regular Bell Schedule

<i>1st</i>	<i>8:00 – 8:27</i>
<i>2nd</i>	<i>8:30 – 9:18</i>
<i>3rd</i>	<i>9:21 – 10:00</i>
<i>4th</i>	<i>10:12 – 11:00</i>
<i>5th</i>	<i>11:03 – 11:51</i>
<i>Plus</i>	<i>11:54 – 12:19</i>
<i>Lunch</i>	<i>12:19 – 12:54</i>
<i>6th</i>	<i>12:54 – 1:42</i>
<i>7th</i>	<i>1:45 – 2:33</i>
<i>8th - TA</i>	<i>2:36 – 3:36</i>
<i>9th - PREP</i>	<i>3:36 – 4:45</i>

Blog Article: **“Educators at Some High Schools Tout Benefits of 4-Day Week,”** Kelsey Sheehy, U.S. News, October 16, 2012

“Nearly 300 districts operated on a four-day school week last year, with several additional districts making the move this year, and more contemplating the move for 2013.”

<http://www.usnews.com/education/blogs/high-school-notes/2012/10/15/educators-at-some-high-schools-tout-benefits-of-4-day-week>

Blog Article: **“The 4-Day School Week: A Work in Progress,”** Kelsey Sheehy, U.S. News, and World Report, November 20, 2013

http://www.usnews.com/education/blogs/high-school-notes/2013/11/20/the-4-day-school-week-a-work-in-progress?s_cid=related-links:TOP

NCSL (National Conference of State Legislatures) has information and resources related to Four-Day School Weeks

To find an overview, see: <http://www.ncsl.org/research/education/school-calendar-four-day-school-week-overview.aspx>

According to data collected by NCSL:

“-Twenty-one states currently have school districts (with public schools) operating on a four-day week.

-These states include: Arizona, California, Colorado, Georgia, Idaho, Kansas, Kentucky, Louisiana, Michigan, Minnesota, Missouri, Montana, Nebraska, New Mexico, Nevada, Oklahoma, Oregon, South Dakota, Utah, Wisconsin and Wyoming.

-There are more than 120 school districts that host four-day school week programs.

-Usually, these programs are in small, rural districts.

-The policy was first implemented as early as the 1930s, and became more common during the energy crisis of the 1970s.

-Georgia, Oklahoma, Washington are the most recent states to adopt legislation allowing four-day school weeks.”

“- More States have the policy than use it.”

There are also links to Research and Reports on the NCSL website, including an NCSL Podcast on 4-Day School Weeks, articles from U.S. News and World Report AND The Wall Street Journal, a 2011 Education Commission of the States’ report: Schools’ New Math: the Four-Day Week, and more.

NOTE: 2013 Legislation California: Senate Bill 236 - would have allowed certain districts to pilot four day school weeks for high schools. This bill was passed and enacted.

4-Day School Week Articles: The Huffington Post

<http://www.huffingtonpost.com/tag/4-day-school-week>

“Is 4-Day School Week Better for Students?” (Kerrville, Texas)

“Four-Day School Weeks Gaining Popularity During Downturn,” Dorie Turner, May 25, 2011;

“Illinois Schools Could Turn to Four-Day Week to Save Money,” May, 25, 2011

“Four-Day School Week: High Gas Prices Force Rural School Districts to Shorten School Week,” November 17, 2011

Article from Education Week: “Iowa Puts Twist on Four-Day Week”

September 17, 2013 (online post); September 18, 2013 (published in print)

“As more districts adopt four-day weeks to cope with budget crunches, one rural Iowa district says it is embracing the practice for a different reason: to squeeze more time out of the school calendar for student enrichment and teachers’ professional development.

Starting this school year, students in the 550-student WACO community school district will attend school Monday through Thursday, spending an hour longer in class each day so that no classes will need to be held on Fridays. Students in the district—which serves the communities of Wayland, Crawfordsville, and Olds—have the option of attending remedial or enrichment classes every other Friday or to enroll in college-level classes.”

We will continue to update the bell schedule resources and other Master Schedule-related resources in the CCASN Master Schedule Guide. If you are aware of a bell schedule or school calendar that supports student learning and achievement and includes innovations in the use of time or know someone we should talk with about a particular District practice or school bell schedule/school calendar, please share your bell schedule examples and resources with Patricia Clark (patricia510@gmail.com) and/or Phil Saroyan (jp9@jps.net) from the College and Career Academy Support Network at the University of California Berkeley, Graduate School of Education. Thank you