

## 6 PERIOD BELL SCHEDULE

### 6-period day Bell Schedule, including 6 period A/B Schedules and Rotating 6-cycle schedules

*Includes examples from the following schools (among others):*

- *Dozier-Libbey Medical High School, Antioch Unified School District, Antioch, California*
- *Life Academy of Health and Bioscience, Oakland Unified School District, Oakland, CA*
- *Juan Rodriguez Cabrillo High School, Long Beach Unified, Long Beach, California*
- *School for Social Justice at Miguel Contreras Learning Complex; Los Angeles Unified School District, Los Angeles, California*
- *La Miranda High School, Norwalk-La Mirada School District, La Mirada, California*
- *Everett Alvarez High School, Salinas Union High School District, Salinas, California*
- *Casa Grande High School, Petaluma Unified School District, Petaluma, California*
- *Leuzinger High School, Centinela Valley Union High School District, Lawndale, California*
- *Dougherty Valley High School, San Ramon Unified School District, San Ramon, California*
- *Dixon High School, Dixon Unified School District, Dixon, California*
- *ArtLAB, Los Angeles Unified School District, Los Angeles, California*
- *Watsonville High School, Pajaro Valley Unified School District, Watsonville, California*
- *High Tech Los Angeles, charter school, Los Angeles, California*
- *Souhegan High School, SAU-39 School District, Amherst, New Hampshire*
- *Winchester Thurston School, private school, 2 locations: Pittsburgh, Pennsylvania AND Albion Park, Pennsylvania*

Many high schools continue to use the "traditional" schedule with six or seven periods a day (sometimes eight), each lasting from 45 and 60 minutes. Especially during the recent economic downturn, some schools/districts have even returned to a traditional 6 period bell schedule after experimenting with other options.

Traditional

Period 1
Period 2
Period 3
Period 4
Period 5
Period 6

Students can earn 6 full course credits each year.

Time per course – approximately 52 minutes x 176 days (plus 2-3 days for finals each semester)

Student Load: Students usually take six classes;

Teacher Load: Teachers usually teach 5 classes, with one additional preparation/conference period.

Cost factor for staffing – 5/6 (83%)

Meeting format: daily, yearlong

Six Period A/B

	A Day (odd # courses)	B Day (even # courses)
Block 1	Course 1	Course 2
Block 2	Course 3	Course 4
Block 3	Course 5	Course 6

In some schools on a 6 period A/B block, periods 1,2, 3 meet every other day and periods 4,5,6 meet on the alternate days.

Six Period A/B Block Schedule with one day when all six classes meet

Monday	Tuesday	Wednesday	Thursday	Friday
Period 1	Period 1	Period 2	Period 1	Period 2
Period 2				
Period 3	Period 3	Period 4	Period 3	Period 4
Period 4				
Period 5	Period 5	Period 6	Period 5	Period 6
Period 6				

Schools have experimented with variations in which courses meet every other day (6 Period A/B schedule) for longer blocks of time OR meet at different times during the day (rotating schedule): e.g., periods 1, 2, 3, 4, 5, 6 on Monday, 2, 3, 4, 5, 6, 1 on Tuesday, 3, 4, 5, 6, 1, 2, on Wednesday, and so on. Some schools add optional O periods (before school/early bird classes) or after school, extended learning classes. Others create hybrids of the 6 period bell schedule with some classes meeting for different amounts of time on different days.

Such schedules may also vary in terms of when they begin in the morning or end in the afternoon, but usually incorporate about 360 minutes per day. Proponents of the traditional schedule believe it works well in placing students in linked classes and providing common planning time for SLC and Academy teachers. Other educators question whether the traditional schedule best accommodates the way students learn and retain knowledge.

***Dozier-Libbey Medical High School***

Antioch Unified School District

Antioch, California

Bell Schedule, Course Progression, & Graduation Requirements

A Linked Learning Certified Pathway

See case study on Student-centered learning at Dozier-Libbey Medical High School

<https://edpolicy.stanford.edu/sites/default/files/publications/student-centered-learning-dozier-libbey-medical-high-school.pdf>

Daily Schedule  
Tuesday – Friday

Period	Begin	End
0	8:00	8:45
passing	8:45	8:50
1 or 2	8:50	10:20
passing	10:20	10:25
3 or 4	10:25	11:55
passing	11:55	12:00
Advisory (8 <sup>th</sup> period)	12:00	12:30
Lunch	12:38	1:08
passing	1:08	1:13
5 or 6	1:13	2:43

Mondays

Period	Begin	End
0	8:00	8:45
passing	8:45	8:50
1	8:50	9:35
passing	9:35	9:40
2	9:40	10:25
passing	10:25	10:30
3	10:30	11:15
passing	11:15	11:20
4	11:20	12:05
passing	12:05	12:10
Advisory (8 <sup>th</sup> period)	12:10	12:30
Lunch	12:30	1:00
passing	1:00	1:05
5	1:05	1:50
passing	1:50	1:55
6	1:55	2:40

**Dozier-Libbey Medical High School Course Progression and Graduation Requirements**

Ninth grade	Tenth grade	Eleventh grade	Twelfth Grade
English 9	English 10 or Honors English	English 11 or AP English	English 12 or AP English
Algebra I or Geometry	Geometry or Algebra II/Trig	Algebra II/Trig or Pre-Calculus	Pre-Calculus, AP Calculus, AP Statistics Probability, Medical Math
Biology	Chemistry or Honors Chemistry (integrated units)	Human Anatomy, Physiology, Electives: AP Biology, ROP, EMC,	Physics Electives: AP Biology, ROP EMC, Sports Med, Vet

		Sports Med, Vet Science	Science
Foreign Language or Visual/Performing Arts	Foreign Language or Visual/Performing Arts	Foreign Language or Visual/Performing Arts	
	World History or AP World History	U.S. History or AP U.S. History	Government/Civics Economics
Physical Education	Physical Education/Health		
Health Science I	Health Science 2	Health Science 3	Medical Ethics
Explorations, Guided Study Tours	Explorations, Guided Study Tours, Community Service/Service Learning, E-mentoring	Community Service, Service Learning, Summer Externships, Job Shadows	Integrated Externships, Internships, Community Service, Service Learning, Volunteer Activity, Employment

**“A-G” (University of California/California State University Requirements), DLMHS, and District Graduation Requirements**

Type of requirements	History	English	Math	Laboratory Science	Language Other than English	Visual & Performing Arts	College Prep Elective and PE
“a-g”	2 years (1 year of World History, cultures, and historical geography AND One year of U.S. History, or one-half year of U.S. history and one-half year of American Government or civics)	4 years (college prep)	3 years (including Algebra I, II and Geometry, or above)	2 years of laboratory science, including at least two of the following: Biology, Chemistry, or Physics)	2 years (3 recommended)	1 year (full year, taken in exact sequence)	1 year (only qualifying “a-g” courses)
DLMHS	3 years (world History, U.S. History, Government/Economics)	4 years, college prep	4 years (including Algebra I, II, Geometry, Trigonometry)	4 years (Biology, Chemistry, and 2 additional years of lab or AP science)	2 years	1 year	Medical Ethics (a-g approved), 3 years Health, 2 years PE
District	3 years	4 years	3 years, including Algebra II	2 years of life and physical science (not necessarily lab science), 1 semester of health	1 year of either foreign language or arts classes		65 credits 2 years PE

## ***Life Academy of Health and Bioscience***

Oakland Unified School District

Oakland, California

A California Partnership Academy

A Linked Learning Certified Pathway

### Daily Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Check In 8:15 – 8:20	Check In 8:15 – 8:20	Check In 8:15 – 8:20	Check In 8:15 – 8:20	Check In 8:15 – 8:20
Period 1 8:25 – 9:17 (52 minutes)	Period 1 8:25 – 9:17 (52 minutes)	Period 1 8:25 – 9:04 (39 minutes)	Period 1 8:25 – 9:17 (52 minutes)	Period 1 8:25 – 9:17 (52 minutes)
Period 2 9:22 – 10:15 (53 minutes)	Period 2 9:22 – 10:15 (53 minutes)	Period 2 9:09- 9:48 (39 minutes)	Period 2 9:22 – 10:15 (53 minutes)	Period 2 9:22 – 10:15 (53 minutes)
Period 4 10:20 – 12:10 (110 minutes)	Period 3 10:20-12:10 (110 minutes)	Period 3 9:53 – 10:32 (39 minutes)	Period 4 10:20-12:10 (110 minutes)	Period 3 10:20 – 12:10 (110 minutes)
Lunch Break 12:10 – 12:50	Lunch Break 12:10 – 12:50	Period 4 10:37 – 11:16 (39 minutes)	Lunch Break 12:10 – 12:50	Lunch Break 12:10 – 12:50
Advisory 12:55 – 1:40 (45 minutes)	Advisory 12:55 – 1:40 (45 minutes)	Period 5 11:21-12:00 (39 minutes)	Advisory 12:55 – 1:40 (45 minutes)	Advisory 12:55 – 1:40 (45 minutes)
Period 6 1:45 – 3:30 (105 minutes)	Period 5 1:45 – 3:30 (105 minutes)	Period 6 12:05 – 12:45 (40 minutes)	Period 5 1:45- 2:35 (50 minutes)	Period 5 1:45 – 2:35 (50 minutes)
		Lunch Break 12:50 – 1:30	Period 6 2:40 – 3:30 (50 minutes)	Period 6 2:40 – 3:30 (50 minutes)
	Extended Day Program 3:45 – 5:30	Teacher PD/Collaboration/ Staff Meetings 1:30 – 4:00	Extended Day Program 3:45 – 5:30	

### **LIFE ACADEMY GRADUATION REQUIREMENTS**

- a. 4 years of English
- b. 4 years of science (with additional science courses in Grades 10-12)
- c. 4 years of math
- d. 4 years of social studies
- e. 2 semesters of bioscience or health-related internship
- f. 2 years of foreign language

- g. 1 year of PE
- h. 1 year of fine arts
- i. Successful senior defense

**Typical 4-year course sequence at Life Academy:**

9 <sup>th</sup> grade	10 <sup>th</sup> grade	11 <sup>th</sup> grade	12 <sup>th</sup> grade
English	Humanities	Humanities	English & College Writing
Social Science			Government & Economics
Algebra or Geometry	Geometry or Algebra II	Algebra II or Pre-Calculus	Pre-Calculus or Calculus
Biology	Advanced Biology	Chemistry AND	Physics AND
		Physiology I	Physiology II
Physical Education or Art	Physical Education or Art		
Ethic Studies	Spanish I	Spanish II	AP Spanish (optional)

SEE ALSO: CASE STUDY: Student-Centered Learning: Life Academy of Health and Bioscience, by Nikole Richardson and Joe Feldman, Stanford Center for Opportunity Policy in Education (SCOPE)

[https://edpolicy.stanford.edu/sites/default/files/publications/student-centered-learning-life-academy-health-and-bioscience\\_0.pdf](https://edpolicy.stanford.edu/sites/default/files/publications/student-centered-learning-life-academy-health-and-bioscience_0.pdf)

***Juan Rodriguez Cabrillo High School***

Long Beach Unified  
 Long Beach, CA  
 Traditional 6 Period Day

Regular Schedule

Period 0	6:45	7:40
First Bell		7:40
Period 1	7:50	8:45
Period 2	8:50	9:48
Nutrition	9:48	9:58
Period 3	10:06	11:00
Period 4	11:09	12:06
Lunch	12:06	12:36
Period 5	12:44	1:38
Period 6	1:46	2:40
Dismissal		2:40

There are also a minimum day schedule and final exam schedule. On the regular day schedule, classes are 55 minutes in length; on a minimum day schedule, all 6 classes meet before lunch time (12:40-1:10) and each class meets for 40 minutes. There are 15 minimum days throughout the school year, including 6 that occur during the two semester final weeks (3 days of finals each term.) During the 3 days of finals each term, 130 minutes is allocated for each course final.

***School for Social Justice at Miguel Contreras Learning Complex***

Los Angeles Unified School District  
 Los Angeles, California  
 2013-2014 Bell Schedule

6 Periods with Advisory; Each class meets 4 days a week for an average of 65 minutes each day. Advisory also meets 4 days a week for an average of 35 minutes each day. Tuesdays are late start days and include 100 minutes for professional development.

Regular Bell Schedule - 6 periods with Advisory

Start	End	Mon	Wed	Thurs	Fri
Warning bell	8:00				
8:10	9:15	1	1	1	1
9:20	9:55	Advisory	Advisory	Advisory	Advisory
10:00	11:05	2	3	2	2
11:10	12:15	3	4	3	4
12:15	12:45	Lunch	Lunch	Lunch	Lunch
12:50	1:55	4	5	5	5
2:00	3:05	6	6	6	6

Tuesday Schedule – Late Start Professional Development

Start	End	Period
8:05	9:45	PD
Warning bell	9:50	
10:00	11:05	2
11:10	12:15	3
12:15	12:45	Lunch
12:50	1:55	4
2:00	3:05	5

***La Mirada High School***

Norwalk-La Mirada School District

La Mirada, California  
2013-2014

Regular Schedule

Period 0	6:47	7:50
1 <sup>st</sup> Period	7:55	8:53
2 <sup>nd</sup> Period	8:50	9:56
Snack	9:56	10:11
3 <sup>rd</sup> period	10:16	11:14
4 <sup>th</sup> period	11:19	12:24
Lunch	12:24	12:54
5 <sup>th</sup> period	12:59	1:57
6 <sup>th</sup> period	2:02	3:00

On a regular day schedule, each period is approximately 58 minutes in length. There are also a late start professional growth day schedule (used on 17 days), a minimum day schedule (used on 3 days), and a finals schedule (used on 4 days – 2 days each term with 3 finals on each day.) On the late start days, professional growth occurs from 7:40 – 9:45 with a snack period from 9:45 – 10:00 and 1<sup>st</sup> period beginning at 10:05. On late start professional growth days, each period is approximately 40 minutes.

***Everett Alvarez High School***

Salinas Union High School District  
Salinas, California

**6 period bell schedule A/B with weekly homeroom**

**Monday (All 6 periods)**

Period 1	8:10 – 9:10	60
Period 2	9:16 – 10:13	57
Nutrition	10:13 – 10:18	5
Period 3	10:24 – 11:21	57
Period 4	11:27 – 12:24	57
Lunch	12:24 – 1:04	40
Period 5	1:10 – 2:07	57
Period 6	2:13 – 3:10	57

**Wednesday (Blocks 2, 4, 6)**

Collaboration	8:05 – 8:54	49
Block 2	8:58 – 10:47	109
Block 4	10:53 – 12:39	106
Lunch	12:39-1:19	40
Block 6	1:24 – 3:10	106



- Students will have a late start every Wednesday for teacher collaboration. Classes begin at 8:58 a.m.

**Tuesday, Thursday (Blocks 1, 3 & 5)**

Block 1	8:10-9:59	109
Nutrition	9:59 – 10:04	5
Block 3	10:10-11:56	106
Lunch	11:56 – 12:36	40
Homeroom	12:42 – 1:18	36
Block 5	1:24 – 3:10	106

**Friday (Blocks 2, 4, 6)**

Block 2	8:10 – 9:59	109
Nutrition	9:59 – 10:04	5
Block 4	10:10-11:56	106
Lunch	11:56-12:36	40
Homeroom	12:47-1:18	36
Block 5	1:24-3:10	106

**Casa Grande High School**

Petaluma Unified School District  
 Petaluma, California  
 6 period “block schedule”

Casa Grande High School offers a block schedule Monday through Friday. Each course meets for 100 minutes (90 minutes on Wednesdays) every other day. Zero period courses meet for 50 minutes daily.

School calendar: In addition, the school calendar is arranged so that the first semester begins in August and ends before the winter holidays and the second semester begins in January and ends in early June.

Small Learning Communities at Casa Grande include: 9<sup>th</sup> Grade Houses; 10<sup>th</sup> Grade Houses; Green Careers Pathway; Health Careers Pathway; Liberal Studies; and Marketing, Media, and Management.

**2013-2014 Bell Schedule**

Period	Monday, Tuesday, Thursday, Friday	Wednesday
Zero	7:30 – 8:10	7:30 – 8:10
First/Fourth	8:20 – 10:05	8:20 – 9:55
Nutrition Break	10:05 – 10:20	9:55 – 10:10
Second/Fifth	10:25 – 12:05	10:15 – 11:45
Lunch	12:05 – 12:40	11:45 – 12:25

Third/Sixth	12:45 – 2:25	12:30 – 2:00
Office Hours	2:30 – 3:00	2:00 – 3:30 Homework Club; also, Teacher Collaboration Time

***Leuzinger High School***

Lawndale, California  
Centinela Valley Union High School District  
2013-2014

Regular Day Schedule

	Start Time	End Time	Length
Period 0	7:00 a.m.	7:54	54 minutes
Period 1	8:00 a.m.	8:57	57 minutes
Period 2	9:03 a.m.	9:59 a.m.	58 minutes
Nutrition	9:59 a.m.	10:09 a.m.	10 minutes
Period 3	10:15 a.m.	11:11 a.m.	58 minutes
Period 4	11:17 a.m.	12:14 p.m.	57 minutes
Lunch	12:14 p.m.	12:49 p.m.	35 minutes
Period 5	12:56 p.m.	1:51 p.m.	56 minutes
Period 6	1:57 p.m.	2:53 p.m.	58 minutes

***Dougherty Valley High School***

San Ramon Valley Unified School District  
San Ramon, California  
2013-2014 Instructional Bell Schedule  
**6-Periods - Modified Block**

Monday, Thursday, Friday – Regular Days			
Period	Start	End	Minutes
A	7:31	8:25	54
1 (bulletin)	8:30	9:26	56
2	9:31	10:25	54
Brunch	10:25	10:40	15
3	10:45	11:39	54
4	11:44	12:38	54
Lunch	12:38	1:08	30
5	1:13	2:07	54
6	2:12	3:06	54

Tuesday & Wednesday – Block Days			
Period	Start	End	Minutes

Tuesday	Wednesday			
A	Collaboration	7:30	8:58	88
1 (bulletin)	4 (bulletin)	9:03	10:31	88
Brunch	Brunch	10:31	10:46	15
2	5	10:51	12:19	88
Access	Access	12:19	12:59	40
Lunch	Lunch	12:59	1:29	30
3	6	1:34	3:02	88

There is also a Finals Week Schedule that allows for 2-hour finals.  
There is a first day of school schedule and 3 additional minimum days.

### ***Dixon High School***

Dixon Unified School District  
Dixon, California

2013 – 2014 Weekly Bell Schedule:

**Six periods, with modified block every other week. Includes weekly, common planning period plus collaboration time every other week.**

At Dixon High School, every other week is a “DOUBLE WEEK” or a Modified Block schedule. On Wednesdays of “Double Week”, teachers have late start Common Planning Time and 3 classes (periods 1, 3, 5) meet for 90 minutes each. On Thursdays of “Double Week, 4 classes (periods 0, 2, 4, & 6) meet for 90 minutes each.

#### SINGLE WEEK

Monday, Tuesday, Thursday, Friday	
Period	
0	7:25 – 8:19
1	8:24 – 9:17
2	9:22 – 10:15
3	10:25 – 11:18
4	11:23 – 12:19
Lunch	12:19 – 1:04
5	1:09 – 2:02
6	2:07 – 3:00

Wednesday	
Period	
0	7:25 – 8:19
1	8:24 – 9:04
2	9:09 – 9:49
3	9:59 – 10:39
4	10:44 – 11:24

Lunch	11:24 – 12:09
5	12:14 – 12:54
6	12:59 – 1:39
Collaborative Time For Teachers	1:45 – 3:15

### DOUBLE WEEK

Monday, Tuesday, Friday	
Period	
0	7:25 – 8:19
1	8:24 – 9:17
2	9:22 – 10:15
3	10:25 – 11:18
4	11:23 – 12:19
Lunch	12:19 – 1:04
5	1:09 – 2:02
6	2:07 – 3:00

Double Wednesday	
Common Planning Time for Teachers (CPT)	7:30 – 8:50
1	9:00 – 10:30
3	10:40 – 12:10
Lunch	12:10 – 12:55
5	1:00 – 2:30

Double Thursday	
0	7:25 – 8:55
2	9:00 – 10:30
4	10:40 – 12:10
Lunch	12:10 – 12:55
6	1:00 – 2:30

There are also a minimum day schedule and a finals week schedule. In terms of school calendar, in 2013-2014, the school year began on August 14<sup>th</sup> and ended June 5<sup>th</sup>.

### **ArtLAB**

Los Angeles Unified School District  
 Los Angeles, California  
**6 periods A/B with 7<sup>th</sup> period FLEX period**

**From the school’s website:**

“**ArtLAB** is a new and small "pilot", public high school in LAUSD. It's a unique and innovative school that is developing better methods of teaching and learning based in deep research and experienced practice.

**ArtLAB is arts-centered.** That means that we believe in **imagination** and **creativity** as the key to learning. Students are engaged in challenging projects that help them to learn the content through active questioning, production, exploration and experimentation.

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Our classes are **academically rigorous!** They prepare you for **college and a career.** Our teachers work together to **connect the big ideas** and main themes of the class so it more meaningful and relates to life.

We work hard to **include and value all students!** We know who you are and support your academic and personal growth in an Advisory class and with extra learning services.

ArtLAB will prepare students for the **21st Century.** In the **media lab** students can produce traditional **visual art** and all kinds of **multimedia**, including music, web sites, video games, animation, documentaries, films, podcasts, interactive technology, and more!! We'll develop a program where these projects are integrated in many of your classes.

We work with the **community to interact and participate.”**

**Bell Schedules**

<i>Breakfast Before School</i>	<i>Monday</i>	<i>Wednesday</i>
<i>8:25 am – 9:00 am (35)</i>	<i>H Advisory</i>	<i>H Advisory</i>
<i>9:05 am – 10:38 am (93)</i>	<i>1</i>	<i>1</i>
<i>10:38 am – 10:48 am (10)</i>	<i>Ext. Passing</i>	<i>Ext. Passing</i>
<i>10:48 am – 12:21 pm (93)</i>	<i>2</i>	<i>2</i>
<i>12:21 pm – 12:51 pm (30)</i>	<i>Lunch</i>	<i>Lunch</i>
<i>12:56 pm – 2:29 pm (93)</i>	<i>3</i>	<i>3</i>
<i>2:34 pm – 3:29 (55)</i>	<i>7 (Flex)</i>	<i>7 (Flex)</i>

<i>Breakfast Before School</i>	<i>Tuesday</i>	<i>Thursday</i>
<i>8:25 am – 9:00 am (35)</i>	<i>H Advisory</i>	<i>H Advisory</i>
<i>9:05 am – 10:38 am (93)</i>	<i>4</i>	<i>4</i>
<i>10:38 am – 10:48 am (10)</i>	<i>Ext. Passing</i>	<i>Ext. Passing</i>
<i>10:48 am – 12:21 pm (93)</i>	<i>5</i>	<i>5</i>
<i>12:21 pm – 12:51 pm (30)</i>	<i>Lunch</i>	<i>Lunch</i>
<i>12:56 pm – 2:29 pm (93)</i>	<i>6</i>	<i>6</i>
<i>2:34 pm – 3:29 (55)</i>	<i>7 (Flex)</i>	<i>7 (Flex)</i>

<i>Prof. Dev. Stack Day</i>	<i>Friday</i>
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<b>Breakfast Before School</b>	
8:25 am – 9:05 am (40)	1
9:10 am – 9:50 am (40)	2
9:55 am – 10:35 am (40)	3
10:40 am – 11:20 am (40)	4
11:20 am – 11:50 am (30)	Lunch
11:55 am – 12:35 pm (40)	5
12:40 pm – 1:20 pm (40)	6
1:25 pm – 3:25 pm (120)	PD

There are also a minimum day schedule and a Finals bell schedule available on the school website.

*CCASN NOTE: The definition and use of a flex period varies across schools and districts. Typically, a flex period involves the following: Between regularly scheduled courses, students are assigned to a flex classroom to review material or work independently. Flex time can also be used for attending schoolwide events. And if a student needs help from a teacher in another part of the building, he or she can get a pass and visit the teacher during flex time.*

*Typically, flex periods run 30 to 90 minutes, depending on the school/district. Sometimes flex time is offered at the beginning or end of the regular day school schedule. Sometimes FLEX time is offered at certain times during the semester term, quarter, or trimester.*

### **Watsonville High School**

Pajaro Valley Unified School District  
Watsonville, California

**Six Periods with Advisory on an A/B Block Bell Schedule**  
2013 – 2014

WHS Academies: Mosaic, ESNR, BATA, ETECH, Health, ECHO, Video, Freshman

Block A – Monday & Thursday

Warning Bell	6:54 a.m.
Period 0	7:00 a.m. – 7:47 a.m.
Advisory	7:52 a.m. – 8:20 a.m.
Period 1	8:27 a.m. – 10:19 a.m.
Break	10:19 a.m. – 10:26 a.m.
Period 3	10:33 a.m. – 12:26 a.m.
Lunch	12:26 p.m. – 1:01 p.m.
Period 5	1:08 p.m. – 3:00 p.m.

Block B – Tuesday and Friday

Warning Bell	6:54 a.m.
Period 0	7:00 a.m. – 7:47 a.m.
Advisory	7:52 a.m. – 8:20 a.m.
Period 2	8:27 a.m. – 10:19 a.m.
Break	10:19 a.m. – 10:26 a.m.
Period 4	10:33 a.m. – 12:26 a.m.
Lunch	12:26 p.m. – 1:01 p.m.
Period 6	1:08 p.m. – 3:00 p.m.

Collaboration Day – Wednesday

Warning Bell	6:54 a.m.
Period 0	7:00 a.m. – 7:47 a.m.
Period 1	7:52 a.m. – 8:34 a.m.
Period 2	8:41 a.m. – 9:22 a.m.
Break	9:22 a.m. – 9:29 a.m.
Period 3	9:36 a.m. – 10:18 a.m.
Period 4	10:25 a.m. – 11:06 a.m.
Lunch	11:06 a.m. – 11:39 a.m.
Period 5	11:46 a.m. – 12:27 p.m.
Period 6	12:34 p.m. – 1:15 p.m.
Staff Collaboration	1:30 p.m. – 2:45 p.m.

***High Tech Los Angeles***

A College Preparatory Charter High School  
Los Angeles, California

**6 Periods – A/B Block schedule with X-Block and Advisory**

Periods 1, 2, 3 meet on Mondays and Wednesdays.

Periods 4, 5, and 6 meet on Tuesdays and Thursdays.

All periods meet on Fridays.

Students participate in X-Block on Mondays, Tuesdays, and Fridays.

Students have an Advisory Study Hall on Wednesdays and Thursdays.

School begins at 8:45 a.m. and ends at 3:50 p.m.

The length of block classes is typically 100-110 minutes.

Monday/ Tuesday	Start	End	Length
1, 4	8:45 a.m.	10:25 a.m.	100 min

Nutrition	10:25 a.m.	10:45 a.m.	20 min
2, 5	10:45 a.m.	12:25 p.m.	100 min
Lunch	12:25 p.m.	12:55 p.m.	30 min
X-Block	12:55 p.m.	2:10 p.m.	75 min
3,6	2:10 p.m.	3:50 p.m.	100 min

Wednesday/ Thursday	Start	End	Length
1, 4	8:45 a.m.	10:35 a.m.	110 min
Nutrition	10:35	10:55 a.m.	20 min
2, 5	10:55 a.m.	12:45 p.m.	110 min
Lunch	12:45 p.m.	1:15 p.m.	30 min
Advisory	1:15 p.m.	2:00 p.m.	45 min
3, 6	2:00 p.m.	3:50 p.m.	110 min

Friday	Start	End	Length
1	8:45 a.m.	9:35 a.m.	50 min
2	9:35 a.m.	10:25 a.m.	50 min
Nutrition	10:25 a.m.	10:45 a.m.	20 min
3	10:45 a.m.	11:35 a.m.	50 min
4	11:35 a.m.	12:25 p.m.	50 min
Lunch	12:25 p.m.	12:55 p.m.	30 min
X-Block	12:55 p.m.	2:15 p.m.	75 min
5	2:10 p.m.	3:00 p.m.	50 min
6	3 p.m.	3:50 p.m.	50 min

NOTE: no passing periods are indicated on the Friday schedule posted on the school website.

### **Curriculum** *(source: High Tech Los Angeles website)*

**Core and Cutting Edge Curriculum** HTLA is a small learning community in which teachers effectively incorporate technology into the classroom, gearing their expertise to individual learning styles and making HTLA a model school demonstrating “best practices” in secondary education. All students receive a rigorous college-bound curriculum and must meet or exceed the A-G requirements for entrance into the University of California as their high school graduation requirements. With a deep commitment to impact the job readiness of students, HTLA is ambitious in the exploration of STEM studies (Science, Technology, Engineering and Math). Simultaneously, as we have grown over the years, our humanities staff has proven itself to also be equally strong and demanding as demonstrated by our student’s future interest in everything from architecture and the arts to history, international studies, creative writing and journalism.

**Advanced Courses** HTLA customizes its courses to individual students. Teachers work to challenge students to their highest abilities. Students in grades 10, 11 and 12 have the



option to contract with teachers and take classes for honors credit. Honors courses are rigorous and should be viewed as college-level study. Students in the senior class are able and encouraged to take one course off-campus at a local community college instead of enrolling in our elective courses. The alternate semester seniors complete an internship at a local business.

**Project-Based Learning** An essential component of the HTLA program is project-based learning in which students utilize a variety of technological tools to approach academic subjects. Projects require students to apply skills in situations that mirror professional environments. Continuous learning is facilitated through the students' ability to connect with teachers and peers outside of the classroom since collaborative projects can be continued via the Internet.

**Academic Internships** Through relationships with business partners, students benefit from internships and gain valuable professional feedback working and learning on-site at businesses, schools, nonprofit organizations and professional associations. Each HTLA student must complete an internship during the senior year. All students are interviewed and assigned a mentor. HTLA has developed academic internships with over 30 local businesses and organizations including: *Boys and Girls Club, Chef Merito Inc., Economic Alliance of the San Fernando Valley, Providence Tarzana Medical Center, I.D. Me Promotions, Kaiser Permanente, Mid Valley Chamber of Commerce, Mike's Roofing Service Co., Inc., Neighborhood Legal Services, North Valley Chamber of Commerce, Office of Congressman Brad Sherman, Roberts Tool Co. Inc., Southland Regional Assoc. of Realtors, The Los Angeles Sparks, Time Warner, Volunteer Center of Los Angeles, New Horizons, Encino Elementary School, and Valley Economic Development Corp.*

**Courses and Electives Offered** (source: High Tech Los Angeles school website)

**English:** Expository Reading and Writing AB, American Literature Composition, Honors American Literature Composition, Contemporary Composition, English 10A/B, English 9 A/B, Humanities A/B

**History/Social Studies:** Principles of American Democracy, US History 20th Century A/B, Honors US History 20th Century A/B, World History, Culture, & Geography: Modern World A/B

**Mathematics:** Math 1AB, Math 2 AB, Math 3AB, Honors Math 3, Statistics and Probability A/B, Pre-Calculus A/B, Honors Advanced Calculus A/B

**Lab Science:** Biology A/B, Honors Advanced Biology A/B, Chemistry A/B, Honors Chemistry AB, Physics A/B (9th grade), Honors Physics A/B (12th grade)

**Foreign Language:** Spanish 1 A/B, Spanish 2 A/B

**Visual/Performing Arts:** Drama A/B, Photography 1 A/B, Advanced Acting/Play

Production A/B

**Electives (offered on a rotating basis):** Economics, Journalism 1 A/B, Philosophy A/B, Science Technology & Research 1 A/B, Environmental Studies A/B, Constitutional Law, International Relations, Film: The Integrated Art/Documentary Studies, Science and Technology Research I & II, Marine Biology A/B, Molecular Biology A/B, Personal Finance, Human Sexuality, Music and Technology A/B (guitar), Web Programming A/B, Computer Programming, Screenwriting, Logic, Project Science, Digital Media, Art History, History of Math, Sociology, Urban Agronomy, Yearbook Journalism, Robotics, Brain Mind and Consciousness.

**X-Block (our version of P.E. offered on a rotating basis):** Yoga, archery, pilates, football, soccer, ultimate Frisbee, volleyball, conditioning, skateboarding, dance, running, tai chi, Dance Dance Revolution, power walking, and basketball.

### **FREQUENTLY ASKED QUESTIONS**

#### ***What are the admission requirements?***

- There are no academic admission requirements for HTLA! Students simply apply and admission is done by lottery.

#### ***Is there a "sibling preference" when it comes to admission to HTLA?***

- Siblings are automatically admitted.

#### ***Can a student with an IEP apply?***

- Yes. HTLA provides services to students with IEPs.

#### ***Is HTLA a Math/Science school?***

- HTLA is an inquiry-based school where the lines between "technical" and "academic" are deliberately blurred. While we encourage students with interests in math and science to apply, and while we provide exciting, cutting edge experiences in math and science, similar excitement and quality are to be found in the humanities and the arts. HTLA offers students a high quality broad-based education that will serve them in all phases of adult life.

#### ***What is curriculum integration?***

- Curriculum at HTLA is framed around answering questions and solving problems. Integration at HTLA means that we address issues as they are found in the real world-- in teams, studying questions and themes that cut across disciplines. In a well integrated curriculum unit, students experience pursuing one important question or theme in several classes.

#### ***I'd prefer to take college chemistry rather than 10th grade chemistry at HTLA. May I?***

- Because we believe in the value of teaching teams and project-based learning, we are very clear that students can take college courses in addition to our program, but

not instead of our program.

***What foreign language classes are offered?***

- HTLA students take Spanish 1 and 2. If a student wishes to take additional Spanish or another foreign language at a community college - in addition to HTLA Spanish 1 and 2--they may do so by obtaining a concurrent enrollment form from the academic counselor.

***I already took physics (or algebra or geometry) in middle school, so I don't want to take it at HTLA.***

- While courses taken before HTLA may indeed be valuable, we believe that courses taken at other schools are not the equivalent of the HTLA experience. All entering 9th grade students must take the HTLA 9th grade curriculum.

***Why doesn't HTLA offer AP classes?***

- At HTLA we believe that AP classes are not the best path for a deep and broad education. Instead of preparing our students for an end of the semester test created by the College Board, we think that students are better served by engaging in interdisciplinary, inquiry and project-based instruction. This allows students to delve deeply into the curriculum. In addition, a student must earn at least a 3, 4, or 5 on the AP test to receive college credit for the course - if the college accepts AP test credits. We prefer that students take actual college courses - in the summer or after school - that are always accepted by colleges and universities.

***Won't I be at a disadvantage because I do not have the additional points on my GPA because I haven't taken AP classes?***

- No. There is no difference between the additional grade point given for AP classes and the additional grade point that is given for honors level classes. Any student may enter into an "honors contract" with their teacher. After fulfilling the contract (often an additional project or research and presentation) you will receive honors credit and the additional grade point on your transcript.

***Will HTLA's unique approach harm students' chances of getting into the college of their choice?***

- Thus far, 100% of HTLA graduates have been accepted to a 2 or 4 year college. A complete list of colleges and universities where HTLA students have been accepted can be found on our profile (under "College Counseling").

***Are there sports teams at HTLA?***

- No.

***Can I go to another school and play on their team?***

- No.

### ***What is the school uniform?***

Beige khaki pants or skirt and navy blue, light blue, white, or black polo shirts. HTLA sells white and navy blue polo shirts in the main office for \$22.00, but students are not required to wear a polo shirt with the HTLA logo. Sweatshirts are not allowed nor are hooded jackets. Student may wear a white, blue, or black sweater or jacket over their uniform.

### ***Souhegan High School***

Souhegan Co-Operative School District or SAU-39 School District

Amherst, New Hampshire

Enrollment: Approximately 870 students from Amherst and Mount Vernon.

“Souhegan High School aspires to be a community of learners born of respect, trust and courage.”

A member of the Coalition of Essential Schools

Some extended learning opportunities embedded in the curriculum and/or beyond the school day include: Wintercession (week long for 10<sup>th</sup> graders, may include a trip), Junior Research Project, Post-graduate Plan, Senior Project, Service Learning, and Summer Institute (involves tuition).

6 periods plus daily advisory; double lunch

Division 1 students (grades 9 and 10) are on interdisciplinary, heterogeneous teams for four periods. Classes are “blocked” together and teachers have flexible use of time within the team block of classes.

Inclusion and Heterogeneity

“Souhegan is a school of inclusion. It is our belief that all students can learn, and that as much as possible, all students should be given the opportunity to stretch themselves academically across the school’s curriculum. Mixed ability grouping is utilized in most classroom settings. Students with individual learning challenges are expected to meet high standards, and are given adequate time and support to achieve these standards. “

Modified Block Schedule

“Students at Souhegan High School follow a modified block schedule. Most classes meet three times a week, one day for 52 minutes and two days for 88 minutes in what is referred to as a block. Students in Division 1 are scheduled on a team for four periods each day. Team teachers structure their own time allowing extended blocks for some classes.”

DAILY CLASS SCHEDULE 2013-2014

Saber Single Day usually occurs on Friday, but occasionally on a Monday. Gold and Black days alternate on the other four days of the week.

Saber Single
Period 1 51 minutes 7:30 – 3:21
4 minute passing
Period 2 51 minutes 8:26 – 9:17
7 minute passing
Period 3 51 minutes 9:24 -10:15
4 minute passing
Period 4 51 minutes 10:20 – 11:11
4 minute passing
Lunch/Advisory All Grades 60 minutes 11:16 – 12:16
4 minute passing
Period 7 51 minutes 12:21 – 1:12
4 minute passing
Period 8 51 minutes 1:17 – 2:08

<b>Gold</b>	<b>Black</b>
Period 1	Period 2

88 minutes 7:30 – 8:58	88 minutes 7:30 – 8:58
4 minute passing	4 minute passing
Period 3 88 minutes 9:02 – 10:30	Period 4 88 minutes 9:02 – 10:30
4 minute passing	4 minute passing
Period 5 (gr. 9 & 10) OR Lunch/Advisory (gr. 11 & 12) 10:34 – 11:34	Period 5 (gr. 9 & 10) Or Lunch/Advisory (gr. 11 & 12) 10:34 – 11:34
4 minute passing	4 minute passing
Period 6 (gr. 11 & 12) Or Lunch/Advisory (gr. 9 & 10) 11:38 -12:35	Period 6 (gr. 11 & 12) Or Lunch/Advisory (gr. 9 & 10) 11:38 -12:35
4 minute passing	4 minute passing
Period 7 88 minutes 12:40 – 2:08	Period 8 88 minutes 12:40 – 2:08

***Winchester Thurston School***

City Campus: Pittsburgh, PA  
 North Hills Campus: Allison Park, PA  
 Private, college prep, Pre-K-12 school

**Rotating Schedule 6 periods++ seminars**

600 students, approximately 242 students in Upper School  
 Core values: critical thinking, integrity, empathy, community, and diversity

We at CCASN often suggest that schools start with the learning and teaching they hope to achieve and then build a bell schedule and a master schedule that supports that vision. Similarly, many Linked Learning pathways and college and career academies have developed student learning-outcomes (*what it is that a pathway graduate will*

*know and be able to do*) that guide the development of the pathway program of study; a well-crafted schedule should support students in becoming college and career ready and in achieving pathway outcomes. Winchester Thurston School has a curriculum that emphasizes critical thinking, problem solving, and connections with community. A seminar approach and collaborative learning are important values. Winchester Thurston has a bell schedule that includes a class rotation as well as a combination of 60-minute, 70-minute, and 120-minute class times.

## Graduation Requirements for the Classes of 2017 and beyond

### 140 Required Credits:

- English: 4 Years, 24 Credits
- Mathematics: 3 Years, 18 Credits
- Lab Science (Physics, Chemistry, Biology): 3 Years, 18 Credits
- World Languages and Cultures: Level 3, 18 Credits
- History and Social Studies: 3 Years, 18 Credits
- Fine Arts (Performing and Visual Arts): 5 Courses, 10 Credits (Two course minimum in each department)
- Physical Education: 3 Years, 6 Credits
- Health: 1 Course, 2 Credits
- Computer Science: 1 Course, 2 Credits
- Speech: 1 Course, 2 Credits

Additional Electives: various 24 credits

**Seminar Courses** - Freshman Seminar and Junior Seminar are designed to provide students with strategies, tools, and methods for a successful high school career and a successful college process.

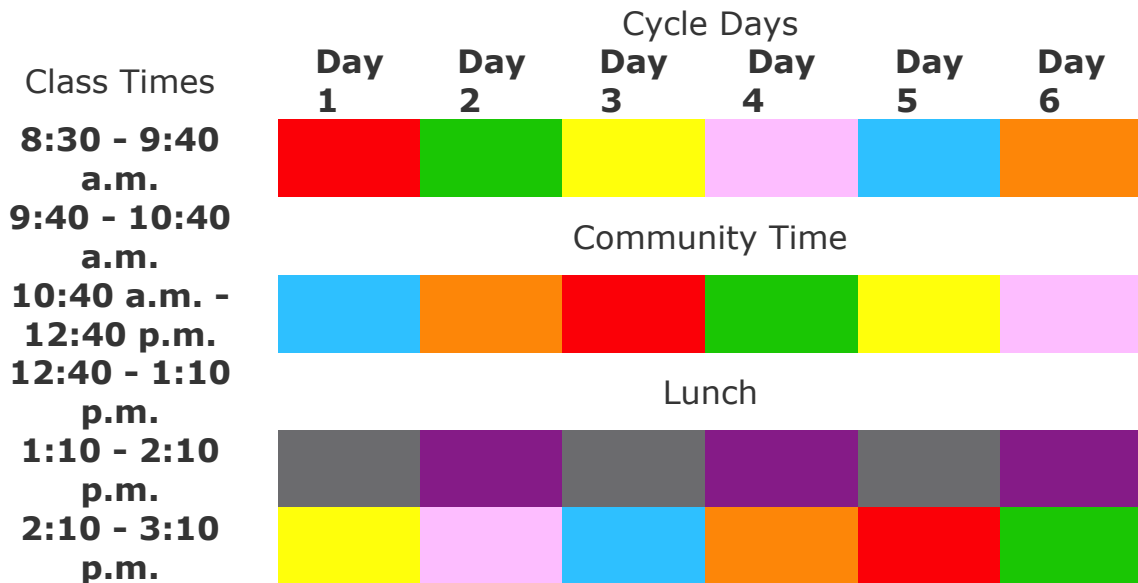
**Freshman Seminar** - This year-long course is required for ninth graders. Because there is a direct link between academic achievement and social behavior, this course is designed to help our students achieve success as they begin their Upper School career. Ninth Grade Seminar is based on the School-Connect: Optimizing the High School Experience curriculum. Students work on study skills that will help them in their academic courses and learn about social-emotional skills that help with relationship building. These skills give students the tools necessary for them to become the best learners that they can be. Examples of skills include the recognition and management of emotions, problem solving, accomplishing goals, conflict styles, responsible decision making, and community building.

**Junior Seminar** - This course runs throughout the second and third trimesters of the junior year. Students meet in small sections with the Director of College Counseling and/or the Associate Director of College Counseling to discuss issues pertinent to the college selection process. Topics include standardized testing, essays, résumés, teacher recommendations, etc. Each student learns how to build a college list appropriate to him or herself, taking into account academic programs of interest, size, setting, location, campus culture, and admission difficulty. In the second trimester, students will tour

three local colleges.

“**City as Our Campus** exemplifies the best in education practice, encouraging students to become young entrepreneurs, ready to solve the problems that we face locally and globally.”

**Upper School Schedule-** The Upper School schedule follows a six-day rotation with a combination of 60, 70, and 120 minute academic periods. Most academic classes will meet every other day throughout the rotation. The schedule provides fewer transitions from class to class throughout the school day, and also provides the opportunity for increased and meaningful student-directed inquiry and self-reflection, exploration, peer collaboration, active engagement, and experiential learning, all of which are key to adolescent development and learning styles. The schedule also provides longer periods of time and flexibility needed to take advantage of City as our Campus programs to enhance students’ learning through experiential real-world opportunities.



*We will continue to update the bell schedule resources in the CCASN Master Schedule Guide. If you are aware of a bell schedule that supports student learning and achievement and includes innovations in the use of time or know someone we should talk with about a particular District or school bell schedule, please share your bell schedule examples and resources with Patricia Clark ([patricia510@gmail.com](mailto:patricia510@gmail.com)) and/or Phil Saroyan ([jp9@jps.net](mailto:jp9@jps.net))*



*from the College and Career Academy Support Network at the University of California Berkeley, Graduate School of Education. Thank you*