

5-PERIOD BELL SCHEDULE

Includes examples from:

- *Envision High Schools – Charter School Network, San Francisco Bay Area, California*
- *Digital Media and Design, Kearney High School Complex, San Diego Unified School District, San Diego, California*
- *Bernice MacNaughton High School, Moncton, New Brunswick, Canada*

Envision High Schools

Charter School Network
San Francisco Bay Area, California

Normal 5-Day Weekly Bell Schedule

5 Periods with Advisory/Interventions/SSR and Collaboration Time

Monday	Tuesday	Wednesday	Thursday	Friday
Period 1 8:30 – 9:30 (60)	Period 5 8:30 – 9:30 (60)	Period 1 8:30 – 10:10 (100)	Period 3 8:30 – 10:10 (100)	Period 5 8:30 – 9:30 (60)
Period 2 9:35 – 10:35 (60)	Period 4 9:35 – 10:35 (60)	Period 2 10:15 – 11:55 (100)	Period 4 10:15 – 11:55 (100)	Period 4 9:35 – 10:35 (60)
SSR 10:40 – 11:05 (25)	SSR 10:40 – 11:05 (25)	Advisory/UD CM 12:00 – 12:55 (55)	Lunch 11:55 – 12:30	SSR 10:40-11:05 (25)
Advisory 11:10 – 11:55 (45)	Intervention 11:05 – 11:55 (50)	Professional Development 1:40 – 4:30	Period 5 12:35 – 2:15 (100)	Intervention 11:05-11:55 (50)
Lunch 11:55 – 12:30	Lunch 11:55 – 12:30		SSR 2:20 – 2:45 (25)	Lunch 11:55 – 12:30
Period 3 12:35 – 1:35 (60)	Period 3 12:35 – 1:35 (60)		Advisory/LD CM 2:50 – 3:45 (55)	Period 3 12:35 – 1:35 (60)
Period 4	Period 2			Period 2

1:40 – 2:40 (60) Period 5 2:45 – 3:45 (60)	1:40 – 2:40 (60) Period 1 2:45 – 3:45 (60)			1:40 – 2:40 (60) Period 1 2:45 – 3:45 (60)
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2013-2014 Bell Schedule From City Arts and Technology, an Envision High School in San Francisco:

Monday (395) JJSE 11:20 – 12:00	Tuesday (395) JJSE 11:05 – 11:45	Wednesday (270) WLE Day	Thursday (395) JJSE 11:05 – 11:45	Friday (395) JJSE 11:35 – 12:15
Period 1 9:30 – 9:45 (75)	Period 1 8:30 – 9:45 (75)	Period 1 8:30 – 9:20 (50)	Period 1 8:30 – 9:35 (65)	Period 1 8:30 – 9:45 (75)
Period 2 9:50-11:05 (75)	Period 2 9:50 – 11:05 (75)	Period 2 9:25 – 10:15 (50)	Period 2 9:40 – 10:45 (56)	Period 2 9:50 – 11:05 (75)
Period 3 11:10-12:25 (75)	Period 3 10:50 – 11:55 (65)	Period 3 10:20 – 11:10 (50)	Period 3 10:50 – 11:55 (65)	11:10-12:25 (75)
Lunch 12:25 – 1:05 (40)	Lunch 11:55 – 12:35 (40)		Lunch 11:55 – 12:35 (40)	Lunch 12:25 – 1:05 (40)
Period 4 1:10 – 2:25 (75)	Period 4 12:40 – 1:45 (65)	Period 4 11:15- 12:05 (60)		Period 4 1:10 – 2:25 (75)
Period 5 2:30 – 3:45 (75)	Period 5 1:50 – 2:55 (65)	Period 5 12:10 – 1:00 (60)	Period 5 1:50 – 2:55 (65)	Period 5 2:30 – 3:45 (75)
	Advisory 3:00 – 3:45		Advisory 3:00 – 3:45 (45)	
	Academic Support 3:45 – 5:00		Academic Support 3:45 – 5:00	

A more detailed version of this bell schedule is available at <http://www.es-cat.org/es-cat/wp-content/uploads/2013/09/CAT-2013-14-Bell-Schedule.pdf>

This detailed schedule shows the scheduling of student cohorts into Interdisciplinary science, history, math, English, and enrichment (art, foreign language,

etc.)
grade level student cohorts.

Courses offered at City Arts and Technology (CAT)

Grade 9

- Biology
- Global Studies
- English 9
- Algebra 1
- Digital Media Arts

Grade 10

- Chemistry
- World History
- English 10
- Geometry
- Visual Arts

Upper Division – Grades 11 and 12

- AP Environmental Science
- US History
- AP Government
- English 11
- English 12
- Algebra 2
- Pre-Calculus
- Advanced Visual Arts
- Spanish 1
- Spanish 2
- FlexLab electives (includes Advanced Digital Media, Calculus,
AP Spanish, Psychology, Statistics, etc.)

Advisory offered all 4 years.

From City Arts and Technology, an Envision High School in San Francisco, CA:

“Workplace Learning Experience

In 11th/12th grade, all students participate in the Workplace Learning Experience, or WLE. One day a week for three months, instead of coming to school, they go to an internship site for the entire day. To secure the internship, students write resumes, cover letters and practice interview skills. We encourage them to seek an internship in a field of interest, and the WLE helps many students identify their ideal career (or one they don’t want!) During the internships, students work with a mentor and complete a project with measurable outcomes. At the end of the three months, they present their experience in a public exhibition. It’s a powerful experience that equips students with job search practice, self-confidence and first-hand exposure to a career field.”

Digital Media and Design
Kearny High School Complex
San Diego Unified School District
San Diego, California

(Originally 4x4 block schedule; Kearney has funds for expanded/extended learning and has added a 5th period to the schedule. Each student takes a minimum of four classes a term.)

Monday, Wednesday and Friday
(Schedule without advisory)

Period	Time
0	

1	7:45 - 8:40 a.m.
2	8:45 – 10:14 a.m.
Lunch	10:19 – 11:48 a.m.
3	11:53 a.m. – 12:23 p.m.
4	12:28 -1:57 p.m.
5	2:02 – 3:30 p.m.
	3:40 – 4:30 p.m.

Tuesday and Thursday
(Schedule with advisory)

Period	Time
0	7:45 – 8:40 a.m.
1	8:45 – 10:01 a.m.
2	10:06 – 11:22 a.m.
Lunch	11:27 – 11:57 a.m.
3	12:02 – 1:18 p.m.
Advisory	1:23 – 2:09 p.m.
4	2:14 – 3:30 p.m.
5	3:40 – 4:30 p.m.

Bernice MacNaughton High School

Moncton, New Brunswick, Canada

Regular Bell Schedule

8:42	Warning Bell
8:45 – 9:55	O'Canada/ Announcements/ Period 1
9:55 – 10:03	Break

	(Warning Bell 10:00)
10:03 – 11:00	Period 2
11:06 – 11:14	Break (Warning Bell 11:11)
11:14 – 12:17	Period 3
12:17 – 1:17	Lunch (Warning Bell 1:14)
1:17 – 2:30	Period 4
2:30 – 2:27	Break (Warning Bell 2:24)
2:27 – 3:30	Period 5

- Supplemental math and English classes based on proficiency assessment
- Math and science lunch labs
- RED (Remediation/Enrichment Days) after common assessments
- Directed learning for 30 minutes at end of day for study, homework completion, tutoring
- Hired full-time guided-study teacher
- Seniors can carry lighter load if agree to tutor twice a week

We will continue to update the bell schedule resources in the CCASN Master Schedule Guide. If you are aware of a bell schedule that supports student learning and achievement and includes innovations in the use of time or know someone we should talk with about a particular District or school bell schedule, please share your bell schedule examples and resources with Patricia Clark (patricia510@gmail.com) and/or Phil Saroyan (jp9@jps.net) from the College and Career Academy Support Network at the University of California Berkeley, Graduate School of Education. Thank you.