

## **7-PERIOD, 7-PERIOD A/B, and variations on 7-PERIOD BELL SCHEDULES**

*Included are bell schedule examples from the following schools/districts (among others):*

- *Albuquerque Public Schools, Albuquerque, New Mexico*
- *Santa Fe High School, Santa Fe, New Mexico*
- *STEM Academy of Hollywood, Los Angeles Unified School District, Los Angeles, California*
- *Hawthorne High School, Centinela Valley Unified School District, Hawthorne, California*
- *International School, Bellevue School District, Bellevue, Washington*
- *San Pedro Union Senior School, Los Angeles Unified School District, San Pedro, California*
- *LaDue Horton Watkins High School, LaDue, Missouri*
- *Hillsdale High School, San Mateo Unified School District, San Mateo, California*
- *Cinco Ranch High School, Katy Independent School District, Katy, Texas*
- *Ocoee High School, Orange County Public Schools, Ocoee, Florida*
- *Auburn Mountainview High School, Auburn Washington*
- *Centennial High School, Pueblo City Schools, Pueblo City, Colorado*
- *Monache High School, Porterville Unified School District, Porterville, California*
- *Belmont High School, Los Angeles Unified School District, Los Angeles, California*
- *The Academy of Environmental and Social Policy, Roosevelt High School, Los Angeles Unified School District, Los Angeles, California*
- *Berkeley High School, Berkeley Unified School District, Berkeley, California*
- *South Aiken High School, Aiken County Public School District, Aiken, South Carolina*
- *Waiakea High School, Hilo, Hawaii (Big Island), Hawaii*
- *Luther Burbank High School, Sacramento City Schools, Sacramento, California*
- *Maui High School, Maui, Hawaii*
- *Waipahu High School, Waipahu, Oahu, Hawaii*
- *Bibb County, Georgia (link to PowerPoint presentation regarding District move from 4 x 4 block to 7-period day)*

Many high schools continue to use the "traditional" schedule with six or seven (or sometimes eight) periods a day, each lasting from 45 and 60 minutes. Some have even returned to a traditional schedule after experimenting with other options.

On a traditional seven period OR on a seven-period A/B block schedule (typically, with all classes meeting one day each week and then odd courses (1,3,5,7) meeting two days each week AND even courses (2,4,6 plus advisory or flex time) meeting on the other two days) day schedule), or their variations, students usually take seven classes; teachers usually teach six, with one preparation/conference period/s. There are also instances where teachers teacher 5 on 7 and have one common planning period with their pathway team and one individual preparation period.

### Traditional 7 Period Day

Period 1
Period 2
Period 3
Period 4
Period 5
Period 6
Period 7

7 Period A/B with one day a week when all classes meet and 4 days of blocked classes; This particular bell schedule example includes student advisory and a flex period twice each week.

	Mon	Tues	Wed	Thurs	Fri
Block 1	1	2	1 2	1	2
Block 2	3	Advisory & Flex	3 4	3	Advisory & Flex
Block 3	5	4	5 6	5	4
Block 4	7	6	7 Early Release: Collaboration Time for Teachers	7	6

Schools have also experimented with 7 period variations in which courses meet at different times during the day: e.g., periods 1, 2, 3, 4, 5, 6, 7 on Monday, 2, 3, 4, 5, 6, 7, 1 on Tuesday, 3, 4, 5, 6, 7, 1, 2, on Wednesday, and so on. Or where some courses rotate within morning or afternoon bands of classes and others --- such as 7<sup>th</sup> period – remain the same each day OR bell schedules in which two days a week are “block days” with fewer classes (one day- odd classes; one day even classes) for longer blocks of time.

Such schedules may also vary in terms of when they begin in the morning or end in the afternoon, but usually incorporate about 360 minutes per day. Proponents of the traditional schedule believe it works well in placing students in linked classes and providing common planning time for pathway, academy, and SLC teachers. Other educators question whether the traditional schedule best accommodates the way students learn and retain knowledge.

### 7-Period Day

Benefits:

- Allows for more “total” instructional time and more opportunity to provide acceleration/intervention, pathway CTE/elective courses, and other courses
- Students can earn 7 credits each year or 28 credits in 4 years. More potential credits earned make it easier for a 9<sup>th</sup> grader to fail one or more courses and still be promoted.

More potential credits earned make it easier for a student to meet graduation requirements and college entrance requirements.

- (on a traditional 7 period day) Classes of equal length may make the assignment of students and teachers to courses and classrooms more efficient
- On a traditional 7 period, since each class meets daily, it can be easier for students to catch up on any missing work.
- On an A/B block version or other block or hybrid version of the 7<sup>th</sup> period schedule – there are fewer passing periods.
- On an A/B block version there are fewer class start-times and class endings and thus more useable instructional time.
- In schedules in which teachers are teaching six out of seven classes, class sizes will likely be smaller (However, teaching six out of seven courses can also be a challenge in terms of teacher preparations and teacher-student loads.)
- Supports continuity of curriculum (year long classes)
- Capacity to support out-of-district transfers
- Accommodates athletics better than the 4x4 format or 8 period A/B schedule format. A retired Master Program Mentor from LAUSD, Lew McCammon, explains, “On a 4x4 format or 8-periods over two days format, unless athletics is placed after school (as some schools are doing), athletics classes, in order to meet on a daily basis, can take up 25% of a student’s class hours and 33%% of a coaching teacher’s available periods.”
- Staffing cost factor if teachers teach 6 on 7 is approximately 86%; cost factor if teachers teach 5 on 7 is 71%

#### Challenges:

- On a traditional seven period day, class periods may be only 52 minutes or less
- Maximum of 7 credits per year OR 28 credits over (4) years
- On a traditional seven period day, more time is spent on passing periods
- Students are responsible for 7 classes each day/week/term
- Teachers are responsible for 5 or 6 classes each day/week/term
- Potential for somewhat less seat time per class than the traditional six period bell schedule, but typically better than the in-seat class time on a 4x4 or 8 period A/B schedule

On a traditional seven period day, each class is approximately 46 minutes x 176 (minus 2 days each term for finals).

### **Albuquerque Public Schools**

Albuquerque, New Mexico

High School Bell Schedules – **7 period, rotating A/B block schedule (here called A/B/C – one day with all 7 classes, 4 days with either off or even classes.)**

High Schools in Albuquerque Public Schools follow a standardized, seven-period bell schedule that combines traditional and block scheduling.

Note: Times at may vary 5 minutes from school to school.

<b>Mondays and Wednesdays (A Schedule)</b>	
<b>Periods: 1, 3, 5, and 7</b>	
<b>Period</b>	<b>Class Time</b>
1	7:30 – 9:08
3	9:15 – 11:05
Lunch A	11:12 – 11:42
5A	11:49 – 12:40
5B	11:12 – 12:03
Lunch B	12:10 – 12:40
7	12:47 – 2:25
<b>Tuesdays and Thursdays (B Schedule)</b>	
<b>Periods: 2, 4, 5, and 6</b>	
<b>Period</b>	<b>Class Time</b>
2	7:30 – 9:08
4	9:15 – 11:05
Lunch A	11:12 – 11:42
5A	11:49 – 12:40
5B	11:12 – 12:03
Lunch B	12:10 – 12:40
6	12:47 – 2:25
<b>Fridays (C schedule)</b>	
<b>Period</b>	<b>Class Time</b>
1	7:30 – 8:18
2	8:25 – 9:13
3	9:20 – 10:08
4	10:15 – 11:03
Lunch A	11:10 – 11:40
5A	11:47 – 12:35
5B	11:10 – 11:58
Lunch B	12:05 – 12:35
6	12:42 – 1:30
7	1:37 – 2:25

***Santa Fe High School***

## Santa Fe, New Mexico

Enrollment: Approximately 1650

Regular Daily Bell Schedule – Modified Block Blue/Gold Day Schedule – Tuesday - Friday				
Block	Time	Duration	Blue Day	Gold Day
Sunrise Block	7:30 – 8:30	60 min	0	0
First Block	8:40 – 10:13	93 min	1	2
Passing Period	10:13 – 10:21	8 min	passing	passing
Second Block	10:21 – 11:54	93 min	3	4
Passing Period	11:54 – 11:58	4 min	passing	passing
SMART Block	11:58 – 12:58	60 min	SMART	SMART
Passing Period	12:58 – 1:02	4 min	passing	passing
Third Block	1:02 – 2:35	93 min	5	6
Passing Period	2:43 – 3:40	57 min	passing	passing
Fourth Block	2:43 – 3:40	57 min	7	7
Sunset Block	3:45 – 4:45	60 min	8	8

### Monday

Period	Time	Duration
Sunrise	7:30 – 8:30	60 minutes
Announcements	8:40 – 8:43	3 minutes
P1	8:43 – 9:33	50 minutes
P2	9:38 – 10:28	50 minutes
P3	10:33 – 11:33	50 min
P4 – Lunch		
Lunch 4A	11:23 – 12:00	37 min
Period 4A	12:05 – 12:55	50 min
Period 4B	11:28 – 12:18	50 min
Lunch 4B	12:18 – 12:55	37 min
P5	1:00 – 1:50	50 min
P6	1:55 -3:45	50 min
P7	2:50 – 3:40	50 min
Sunset Period	3:45 – 4:45	50 min

Participation in first or second lunch is determined by the location of a student’s and teacher’s fourth period course.

There are also Snow Day Schedules, Assembly Day Schedules, and a traditional seven period day bell schedule with seven 45-minute classes that is “used after a Cancellation day due to weather).

Note: As is true for many schools in which some rural students are bused to and from school on a set busing schedule each day, Santa Fe High School takes advantage of an extended lunch time (SMART Block) to offer a plethora of tutorials, clubs, workshops, and other activities. For example, during 2013-2014, the following activities/clubs were offered on the following days:

- Mondays: AP Euro Tutorial – second ½ lunch; Geometry Tutorial – full lunch hour; AP English 4 Tutorial (1<sup>st</sup> half lunch), Key Club (full lunch hour), AP Biology Tutorial (Full Lunch Hour)
- Tuesdays – AP Biology Tutorial (full lunch hour), Bilingual Social Studies Tutorial (second half lunch); Board Games (full lunch hour); English Tutorial (second half lunch); German tutorial (first half lunch); Latin Club (first half lunch); Geometry tutorial (second half lunch; Model UN Club (first half lunch)
- Wednesdays – Art Portfolio Workshop (full lunch hour), Bilingual Career Tutorial (2<sup>nd</sup> half lunch), Media Club (full lunch hour), National Honor Society (full lunch hour); Supercomputing Challenge (full lunch hour); Spanish Tutorial (first half lunch); AP English 4 Tutorial (first half lunch)
- Thursdays – Amnesty International (first half lunch), AP US History Tutorial (first half lunch), English tutorial (first half lunch); Miniatures Painting Club (full lunch hour); Spanish tutorial (first half lunch); Zombie Apocalypse Club (full lunch hour)
- Fridays – AP Psychology Tutorial (first half lunch), English Tutorial (second half lunch), German Club (first half lunch), Science Club (full lunch hour), pre-algebra tutorial (full lunch hour)

#### Multiple Days

- Monday thru Friday – Student Government – full lunch hour
- Monday thru Thursday – Math Tutorial (second half lunch); Study hall – football Student Athletes (full lunch hour)
- Monday and Tuesday – College Application and Awareness (first half lunch); Demon Joe Computer Club (first half lunch);
- Monday and Wednesday – Chemistry Tutorial (full lunch hour)
- Monday and Thursday – Chess Club (full lunch hour)
- Monday, Wednesday, & Friday – Choir Club (second half lunch), Ultimate Frizbee (first half lunch), Algebra 2 tutorial (second half lunch)
- Mon/Tues & Thurs/Fri – Math tutorial (second half lunch)
- Mon thru Wed & Fri – Math Tutorial (second half lunch)
- Tuesday & Thursday – AP Physics/Physics Tutorial (second half lunch); Chemistry Tutorial (second half lunch)
- Tuesday thru Friday – Math Tutorial (second half lunch)
- Wed & Fri – Awesome Sauce (full lunch hour), Reading Club (second half lunch), English tutorial (full lunch hour)
- Gold Days – AP U.S. History Tutorial (first half lunch)

*Note: A more detailed schedule of lunch time activities and clubs identifies the faculty sponsor or sponsors and the location of each activity. <http://www.sfps.info/DocumentCenter/Home/View/2959>*

### **STEM Academy of Hollywood**

Los Angeles Unified School District

**7 Period – A/B block**

The STEM Academy of Hollywood is a stand-alone small school located within a larger high school complex. The mission of STEM Academy is “to instill a love of scientific inquiry and application and to empower students to pursue higher education by learning in an interdisciplinary and contextualized learning environment.” STEM Academy is “focused on providing a student-centered, personalized learning environment where students learn academic content and career-related skills.”

STEM Academy is a Linked Learning certified pathway with two science-related strands – one in Engineering and one in Bioscience. One of the pathway strands within STEM Academy is also a California Partnership Academy.

### Weekly Bell Schedule

#### Monday

Period	Start	End
0	7:00 a.m.	7:50 a.m.
1	8:00 a.m.	8:50 a.m.
2	8:55 a.m.	9:45 a.m.
3	9:50 a.m.	10:40
4	10:50 a.m.	10:40 a.m.
5	10:45 a.m.	11:35 a.m.
Lunch	11:40 a.m.	12:30 p.m.
6	1:05 p.m.	2:00 p.m.
7	2:05 p.m.	3:00 p.m.

#### Tuesday

Period	Start	End
0	7:00 a.m.	7:50 a.m.
1	8:00 a.m.	9:20 a.m.
2	9:25 a.m.	10:40 a.m.
Advisory	10:45 a.m.	11:30 a.m.
Lunch	11:30 a.m.	12:00 p.m.
3	12:05 p.m.	1:30 p.m.
*PD	1:40 p.m.	3:15 p.m.

#### Wednesday/Friday

Period	Start	End
0	7:00 a.m.	7:50 a.m.
4	8:00 a.m.	9:35 a.m.
5	9:40 a.m.	11:10 a.m.
Lunch	11:10 a.m.	11:40 a.m.
6	11:45 a.m.	1:20 p.m.
7	1:25 p.m.	3:00 p.m.

#### Thursday

Period	Start	End

0	7:00 a.m.	7:50 a.m.
1	8:00 a.m.	9:35 a.m.
2	9:40 a.m.	11:10 a.m.
Lunch	11:10 a.m.	11:40 a.m.
Advisory	11:45 a.m.	12:35 p.m.
3	12:40 p.m.	2:15 p.m.
*CPT	2:25 p.m.	3:15 p.m.

\* Common Planning Time

### **Hawthorne High School**

Hawthorne, California

Centinela Valley Unified School District

College & Career Readiness Academies:

- International Baccalaureate Program
- School of Manufacturing & Engineering
- School of Visual and Performing Arts
- School of Criminal Justice

Hawthorne has a 6 period bell schedule with a 7<sup>th</sup> period that meets Mondays, Wednesdays, and Fridays for 92 minutes instead of 54-59 minutes that periods 0 -6 meet. 7<sup>th</sup> period does NOT meet on Collaboration days or Minimum days.

District Policy: "The CVUHSD's Career and Technical Education (CTE) program does not discriminate in enrollment in or access to any of the CTE programs available. Admission to these programs is based on age appropriateness, class space, interest, aptitude, and prerequisite coursework (where applicable). The lack of English skills shall not be a barrier to admission to or participation in the District's activities and programs."

Regular Day

2013-2014

	Start	End	Length
Period 0	7:00 a.m.	7:54 a.m.	54 min
Period 1	8:00 a.m.	8:55 a.m.	55 min
Period 2	9:01 a.m.	9:56 a.m.	55 min
Nutrition	9:56 a.m.	10:06 a.m.	10 min
Period 3	10:15 a.m.	11:10 a.m.	55 min
Period 4	11:16 a.m.	12:15 p.m.	59 min
Lunch	12:15 p.m.	12:50 p.m.	35 min
Period 5	12:56 p.m.	1:51 p.m.	55 min
Period 6	1:57 p.m.	2:53 p.m.	56 min
Period 7 (M, W, F)	2:59 p.m.	4:31 p.m.	92 min



Collaboration Days for 2013 – 2014: September 18<sup>th</sup>, October 16<sup>th</sup>, February 19<sup>th</sup>, March 18<sup>th</sup> - 19<sup>th</sup> (CAHSEE Testing Days), May 21<sup>st</sup>, and June 4<sup>th</sup>).

There are also Final Exam Days schedules (2 for each semester, Minimum Day schedules (3 in 2013-2014), Rally Day schedules, and Schedule Distribution Day Schedules (for the first day of each semester.) Schedules are distributed twice a year.

In addition, there is a Club Grub Day schedule.

### **International School**

Bellevue School District

Bellevue, Washington

Public school grades 6-12

Enrollment (2013-2014): 563

“All students enroll by choice; admission is by lottery without regard to financial or scholastic ability.”

Strong Advanced Placement program with 100% AP Equity & Excellence for graduating class. Students have summer assignments in Humanities, AP Physics, AP Chemistry, Mathematics, Art, Orchestra, plus a Summer Exploration prior to their Senior year/Senior project

#### *Excerpts from School Profile:*

**Seven-Year Study:** Required seven-year study of core subjects: International Studies, World Language (French or German), Math, Science, Humanities, Fine Arts and PE

**Curriculum:** Continuity of integrated curriculum for grades 6-12.

**Focus:** Common year long themes unifying various disciplines

**Exchange Opportunities:** International partnerships for study abroad to Germany and France; French and German interns work as teaching assistants in World Language classrooms

**Focus Week:** Each student participates in one week of focused study outside formal classroom structure, e.g., environmental study in the Cascades, cooking classes, furniture building, disaster preparedness, filmmaking, designing interventions, trips to Washington, D.C., and abroad, etc.

**Senior Project:** Each senior must successfully complete a required Senior Project, including a research paper in a self-selected field of study and a hands-on community involvement project based on their research....”

Daily Schedule	Monday & Thursday	Tuesday & Friday
7:45 – 8:46	1	1
8:51 – 10:24	3	2
10:24 – 10:39	Break	Break
10:39 – 12:12	5	4
12:17 – 12:52	Lunch	Lunch
12:57 – 2:30	7	6
2:35 – 3:05	Tutorial	Tutorial

Wednesday		
	Silver	Green
7:45 – 9:05	3	2
9:10 – 10:30	5	4
10:35 – 11:05	COMM	COMM
11:05 -11:15	Break	Break
11:20 – 12:40	7	6
Dismissal	No Tutorial	No Tutorial

### **San Pedro Senior High School**

San Pedro, California

Los Angeles Unified School District

#### **Alternating Block Schedule – Monday – Thursday**

ODD Bell Schedule 1,3,5, 7

Even Bell Schedule: 2,4,6, 7

#### Monday – Thursday

	Start	End	Length
Period 1/2	8:06 a.m.	9:43 a.m.	97 min
Period 3/4	9:50 a.m.	11:32 a.m.	102 min
Nutrition	11:32 a.m.	11:47 a.m.	15 min
Period 5/6	11:54 a.m.	1:31 p.m.	97 min
Lunch	1:31 p.m.	2:01 p.m.	30 min
Period 7	2:08 p.m.	3:08 p.m.	60 min

#### Friday Schedule (Late Start w. no 7<sup>th</sup> Period)

	Start	End	Length
Period 1/2	9:11 a.m.	10:49 a.m.	98 min
Nutrition	10:49 a.m.	11:04 a.m.	15 min
Period 3/4	11:11 a.m.	12:53 a.m.	102 min
Lunch	12:53 p.m.	1:23 p.m.	30 min
Period 5/6	1:30 p.m.	3:08 p.m.	98 min

#### Late Start Friday Schedule with 7<sup>th</sup> Period

To assure equitable instructional minutes in 7<sup>th</sup> period., a Friday 7<sup>th</sup> period bell schedule is used during shortened weeks. For example, the Late Start Friday Schedule with 7<sup>th</sup> Period was utilized in 2013-2014 on the following days: Sept. 5<sup>th</sup>, 13<sup>th</sup>; Nov. 15<sup>th</sup>; Jan. 24<sup>th</sup>; Feb. 21<sup>st</sup>; April 4<sup>th</sup>; May 30<sup>th</sup>

	Start	End	Length
Period 1/2	9:11 a.m.	10:31 a.m.	80 min
Periods 3/4	10:38 a.m.	11:58 a.m.	80 min
Nutrition	11:11 a.m.	12:53 a.m.	102 min
Period 5/6	12:20 p.m.	1:40 p.m.	80 min
Lunch	1:40 p.m.	2:10 p.m.	30 min

Period 5/6	2:17 p.m.	3:08 p.m.	51 min
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Also on the school’s website are the following bell schedules: Shortened Day (for Parent conferences); Reverse PD Friday Schedule (Early Release); Shorten Day – No 7<sup>th</sup> Period (graduation day), PSAT Bell Schedule, Respect Peace Tolerance Day Bell Schedule

**LaDue Horton Watkins High School**

LaDue, Missouri

**7 Period A/B with an Academic Lab support class – Blue and White Schedule**

The bell schedule at Ladue Horton Watkins High School looks like an 8-period A/B schedule; however, all students take seven-credit classes over a two-day period. Three credit-bearing classes are taken on Blue (B) days with the fourth class being an Academic Lab period for all students. On White (W) days, students take four credit-bearing classes. Each class day is divided into four 90-minute periods. Classes meet on alternating days according to a calendar established at the beginning of the school year.

Each 90-minute class meets five times over the course of two weeks.

The school day begins at 7:35 a.m. and ends at 2:25 p.m.

**Sample Student Schedule**

	Blue (B) day	White (W) day
Week One	Monday-Wednesday -Friday	Tuesday – Thursday
Week Two	Tuesday - Thursday	Monday – Wednesday
7:35 – 9:05 a.m.	Social Studies	Science
9:10 – 10:42 a.m.	Academic Lab	Elective
10:47-12:50 p.m.	Modern & Classical Language/ Language other than English (includes 30 minute lunch)	Elective (includes 30 minute lunch)
12:55 – 2:25	Math	English

Lunch Period times During 3<sup>rd</sup> Block: A lunch: 10:42-11:14; B lunch: 11:14 – 11:46; C lunch 11:51-12:23; D lunch: 12:23: 12:55

**Hillsdale High School**

San Mateo Unified School District

San Mateo, California

7 periods plus advisory/tutorial

Hillsdale High School is well known for its successful Small Learning Communities work and Student Advisory work. In 2013-2014, there were three lower division SLCs, each involving an interdisciplinary team of four core academic teachers and a heterogeneous cohort of students. Each of the 9<sup>th</sup> and 10<sup>th</sup> grade core academic teachers on the lower division House team also

serves as an advisor to approximately 28 of the students enrolled in her or his House. No A.P. courses were included as part of the ninth and tenth grade programs of study.

In 2013-2014, there were (the equivalent of) two and a half upper-division SLCs, each of which involved an interdisciplinary team of two to four core academic teachers and a cohort of students. Each of the 11<sup>th</sup> and 12<sup>th</sup> grade core academic teachers on the upper division House team also serves as an advisor to students enrolled in her or his House.

Eleventh and twelfth grade learning options also included Advanced Placement courses and dual enrollment courses. AP offerings for 11<sup>th</sup> and 12<sup>th</sup> grade students include: American Government and Politics U.S., U.S. History, English Language, English Literature, Calculus AB, Calculus BC, Biology, Chemistry, Environmental Science, Physics B, Studio Art (Drawing and 2D), and (in alternating years) Music Theory. Psychology is offered not as an AP course, but instead as a college credit course.

Hillsdale features school-wide interdisciplinary projects at 9<sup>th</sup> and 10<sup>th</sup> grades, a junior project (the American Promise), and a required Senior Exit Portfolio and defense as well as a required Senior Mastery Project.

“Integrated, differentiated, rubric-based curriculum is now the norm in most subject areas” and Hillsdale’s curriculum and schedule reflect a commitment to the Hillsdale “cornerstones of Equity, Rigor, Personalization, and Shared Decision Making.”

#### Regular Bell Schedule

##### Monday, Tuesday, and Friday

Period 1	7:45 – 8:35
Period 2	8:40 – 9:30
Brunch	9:30 – 9:40
Advisory	9:45 – 10:10
Period 3	10:15 – 11:05
Period 4	11:10 – 12:00
Lunch	12:00 – 12:30
Period 5	12:35 – 1:25
Period 6	1:30 – 2:20
Period 7	2:25 – 3:15

#### Block Regular Schedule Wednesday

Period 1	7:45 – 9:13
Brunch	9:13 – 9:23
Advisory	9:28 – 10:08
Period 3	10:11 – 11:39
Lunch	11:39 – 12:09
Period 5	12:14 – 1:42
Period 7	1:47 – 3:15

#### Block Regular Schedule Thursday

Period 2	7:45 – 9:13
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Brunch	9:13 – 9:23
Tutorial	9:28 – 10:13
Period 4	10:18 – 11:46
Lunch	11:46 – 12:16
Period 6	12:21 – 1:49
Professional Development	

There is an early release day schedule for most Thursdays for staff professional development. Parents/ supporting adults are encouraged to use these days “to schedule your student’s medical, dental, etc. appointments... to reduce the loss of instructional time.”

According to Cheryl Lawton, co-principal at Hillsdale through June 2014, this is the bell schedule that Hillsdale has used for the past four years “after six years of other iterations.” “It is similar to Novato’s w/ a two-day per week block, but includes an Advisory period. Also includes block minimum days (which we have about every 2 months) that allow for extended 4-hour PD over 2 consecutive days.” (CCASN NOTE: Novato High School has an 8-period schedule with longer block-schedule classes on Tuesdays and Thursdays.)

Co-principal Lawton also shared:

- (And the “druthers sheet” from Hillsdale High School reiterates) that typically coaches for major sports and Teachers on Special Assignment for District Curriculum Committees work are assigned 7-period prep periods.
- Most elective teachers do not facilitate student advisories and typically elective teachers share a common prep period during the advisory/ tutorial period.
- There are some staggered start and end times at Hillsdale High School with most teachers and some students beginning their school day at 7:45 a.m. and finishing at 2:20 p.m. AND some other teachers and some other students beginning their school day at 8:40 a.m. and finishing at 3:15 p.m. There are also students who attend from 7:45 a.m. to 3:15 p.m., but who may (or may not) have one non-class period during the day, often with their advisory teacher.
- In 2013-2014, with the exception of one teacher who also taught Leadership, all SLC teaching teams/communities of practice shared common collaboration time with their fellow House teachers, an additional common collaboration time with teachers teaching similar courses/content, and an individual professional prep period. Typically, an academic core teacher teaches four academic courses, facilitates a section of student advisory, has two collaboration periods (one with her/his “pod” (interdisciplinary House team) and one with her/his “buds” (teachers from other Houses who are teaching similar courses/content), and a personal prep period.

For example, the schedule of a Chemistry teacher from the Marrakech House might include, in addition to a 10-minute brunch period and a 30-minute lunch period:

Per 1	Per 2	Advisory	Per 3	Per 4	Per 5	Per 6	Per 7
prep	Chem	Advisory	Collab w/ Marrakech House	Collab Chem/ PRP	Chem	Chem	Chem

			team				
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Or the schedule of a math teacher from the Kyoto House might include, in addition to a 10-minute brunch period and a 30-minute lunch period:

Per 1	Per 2	Advisory	Per 3	Per 4	Per 5	Per 6	Per 7
Geom 1	Geom 1	Advisory	Collab Geom/Alg 3 10th	Alg 3	Geom 1	Collab Kyoto/ PRP	prep

The following bell schedules are also included on the school web site: Minimum Day Bell Schedule, 4A/4B Rally Schedule, Block Minimum Day Schedules for Wednesday and Thursday, and Final Exam Schedule.

- (NOTE: a sample of a master schedule from Hillsdale High School is included in Related Resources for Stage 3: Building the Master Schedule.)

### **Cinco Ranch High School**

Katy Independent School District  
Katy, Texas

#### Bell Schedule Tuesday, Wednesday & Friday

Period	Time	Minutes
1	7:30 – 8:19	49
2	8:26 – 9:15	49
Announcement	9:15 – 9:20	5
3	9:27 – 10:16	49
Lunch (A)	10:16 -10:46	
4 <sup>th</sup> period	10:53 – 11:44	
5 <sup>th</sup> Period	11:51 – 12:41	
Lunch (B)		
4 <sup>th</sup> period	10:23 – 11:13	
Lunch	11:13 – 11:44	
5 <sup>th</sup> period	11:51 – 12:41	
Lunch ( C )		
4 <sup>th</sup> period	10:23 – 1:13	
5 <sup>th</sup> period	11:20 – 12:11	
Lunch	12:11 – 12:41	
6	12:48 – 1:36	50
7	1:45 – 2:35	50

Monday & Thursday

Period	Time	Minutes
1	7:30 – 8:16	46
2	8:23 – 9:09	46
Advisory	9:09 – 9:41	32
3	9:48 – 10:34	46
Lunch (A)	10:34 -11:04	30
4 <sup>th</sup> period	11:11- 11:57	46
5 <sup>th</sup> Period	12:04 – 12:50	46
Lunch (B)		
4 <sup>th</sup> period	10:41 – 11:27	46
Lunch	11:27 – 11:57	30
5 <sup>th</sup> period	12:04 – 12:50	46
Lunch ( C )		
4 <sup>th</sup> period	10:41 – 11:27	46
5 <sup>th</sup> period	11:20 – 12:11	46
Lunch	12:11 – 12:41	30
6	12:57 – 1:43	46
7	1:50 – 2:35	45

- Seven periods
- Freshmen must enroll in one study hall to provide time for intervention

### ***Ocoee High School***

Ocoee, Florida

Orange County Public Schools

2013-2014 Bell Schedule Ocoee High School is on a block schedule. Except for period 2, classes meet 2.5 days per week. Attendance on block periods counts as 2 classes, i.e., each time absent in a block period counts as 2 absences.

Monday (A day)	Tuesday (B day) with study hall	Wednesday All classes except per 2	Thursday (A Day) with study hall	Friday (B day)
Period 1 7:20-8:52	Period 5 7:20-8:42	Period 1 7:20 – 8:05	Period 1 7:20 - 8:42	Period 5 7:20 – 8:42
Period 2 8:59-9:55	Period 2 8:47-9:40	Period 3 8:11-8:56	Period 2 8:47-9:40	Period 2 8:59-9:55
PERIOD 3 Lunchtime depends upon location	Study Hall 9:45 – 10:25	Period 4 9:02-9:47	Study Hall 9:45 – 10:25	Period 6 Lunchtime depends upon location
	Period 6 Lunchtime	Period 5 Lunchtime	Period 3 Lunchtime	

A Lunch: 10:05 – 10:35 A Class: 10:42-12:16  B Class: 10:05 - 11:46 B Lunch: 11:46 - 12:16	depends upon location  A Lunch: 10:33 -11:00 A Class: 11:05-12:29  B Class: 10:33-12:00 B Lunch 12:00 – 12:29	depends upon location  A Lunch: 9:58- 10:26 A Class: 10:32-11:17  B Class: 9:58-10:45 B Lunch: 10:45-11:17	Depends Upon Location  A Lunch: 10:33 – 11:00 A Class: 11:05 – 12:29  B Class: 10:33 – 12:00 B Lunch: 12:00 – 12:29	A Lunch: 10:05 – 10:35 A Class: 10:42-12:16  B Class: 10:05-11:46 B Lunch: 11:46-12:16
Period 4 12:23 – 1:55	Period 7 12:34 – 1:55	Period 6 11:22 – 12:07	Period 4 12:34 – 1:55	Period 7 12:23 – 1:55
		Period 7 12:13 – 12:58		

### **Centennial High School**

Pueblo City Schools

Pueblo, Colorado

### **7 Periods w. 3 lunch periods, lunches determined by 5<sup>th</sup> period class**

2013-2014 Master Schedule

#### **Regular Bell Schedule**

(Lunches are determined by 5<sup>th</sup> Hour) (Freshman Seminar 8<sup>th</sup> Hour)

1 <sup>st</sup> Period	7:35 to 8:28
2 <sup>nd</sup> Period	8:32 to 9:35 10 minutes for announcements & breakfast
3 <sup>rd</sup> Period	9:39 to 10:32
4 <sup>th</sup> Period	10:36 to 11:29
(1 <sup>st</sup> Lunch *)	11:31 to 12:01 (Whistle @ 11:58)
5 <sup>th</sup> Period	12:03 to 12:56
5 <sup>th</sup> Period	11:33 to 11:58
(2 <sup>nd</sup> Lunch*)	11:58 to 12:28 (Whistle @ 12:26)
5 <sup>th</sup> Period	12:28 to 12:56
5 <sup>th</sup> Period	11:33 to 12:26
(3 <sup>rd</sup> Lunch*)	12:26 to 12:56 (Bell @12:56)



6 <sup>th</sup> Period	1:00 to 1:53
7 <sup>th</sup> Period	1:57 to 2:50
8 <sup>th</sup> Period	2:54 to 3:35 (Freshman Seminar)

### Friday Bell Schedule

(Students are dismissed at 12:50; they may stay for lunch if they wish)

1 <sup>st</sup> Period	7:35 to 8:16
2 <sup>nd</sup> Period	8:20 to 9:05 (5 minutes for announcements & breakfast)
3 <sup>rd</sup> Period	9:09 to 9:50
4 <sup>th</sup> Period	9:54 to 10:35
5 <sup>th</sup> Period	10:39 to 11:20
6 <sup>th</sup> Period	11:24 to 12:05
7 <sup>th</sup> Period	12:09 to 12:50
LUNCH	12:50 to 1:20

Teacher Work-Day: 7:25 to 2:55

53-Minute Classes

4-Minute Passing Periods

30-Minute Lunches

Seven Period Day Master Schedule with built in collaboration periods for Professional Learning Communities

<http://centennial.pueblocitieschools.us/announcements/2013masterschedule>

### ***Monache High School***

Porterville Unified School District

Porterville, California

### Regular Day Schedule

	Start	End
Period 1	8:15	9:05
Period 2	9:10	10:00
Period 3	10:05	10:55
Brunch	10:55	11:05

Period 4	11:10	12:00
Period 5	12:00	12:55
Break	12:55	1:30
Period 6	1:35	2:25
Period 7	2:30	3.20

### ***Belmont High School***

Los Angeles Unified School District

2013-2014 Bell Schedule:

7-period A/B Block for Periods 1-6, period 7 meets every day.

Schedule includes weekly Late Start for Teacher Collaboration and Advisory on two days each week.

Monday (Every period meets)		
	Begin	End
First Bell	7:50 a.m.	
Period 1	8:00 a.m.	9:00 a.m.
Period 2	9:00 a.m.	10:00 a.m.
Period 3	10:00 a.m.	11:00 a.m.
Period 4	11:00 a.m.	12:00 p.m.
Lunch	12:00 p.m.	12:30 p.m.
Period 5	12:36 p.m.	1:30 p.m.
Period 6	1:36 p.m.	2:30 p.m.
Period 7	2:26 p.m.	3:30 p.m.

Tuesday & Thursday		
	Begin	End
First Bell	7:50 a.m.	
Period 1	8:00 a.m.	9:39 a.m.
Period 2	9:45 a.m.	11:07 a.m.
Advisory	11:13 a.m.	12:13 p.m.
Lunch	12:13 p.m.	12:43 p.m.
Period 3	12:54 p.m.	2:22 p.m.
Period 7	2:20 p.m.	3:16 p.m.

Wednesday (Late Start)		
	Begin	End
First Bell	9:00 a.m.	
Period 4	9:05 a.m.	10:39 a.m.
Period 5	10:45 a.m.	12:06 p.m.
Lunch	12:06 p.m.	12:36 p.m.
Period 6	12:42 p.m.	2:04 p.m.
Period 7	2:10 p.m.	2:50 p.m.

Friday		
	Begin	End
First Bell	7:50 a.m.	
Period 4	8:00 a.m.	9:45 a.m.
Period 5	9:51 a.m.	11:36 a.m.
Lunch	11:36 a.m.	12:09 p.m.
Period 6	12:15 p.m.	2:04 p.m.
Period 7	2:10 p.m.	2:58 p.m.

### ***The Academy of Environmental and Social Policy***

Roosevelt High School  
Los Angeles Unified School District  
Los Angeles, California

2013-2014 Bell Schedules

Monday/Thursday/Friday Bell Schedule

Period	Time	Minutes
Period 1	7:55 a.m. – 8:45 a.m.	50
Period 2	8:50 a.m. – 9:40 a.m.	50
Period 3	9:45 a.m. – 10:35 a.m.	50
Period 4	10:40 a.m. – 11:30 a.m.	50
Lunch	11:30 a.m. – 12:10 p.m.	40
Period 5	12:15 p.m. – 1:05 p.m.	50
Period 6	1:10 p.m. – 2:00 p.m.	50
Period 7	2:05 p.m. – 2:55 p.m.	50

Tuesday Bell Schedule

Period	Time	Minutes
Period 1	7:55 a.m. – 9:25 a.m.	90
Period 2	9:30 a.m. – 11:00 a.m.	90
Lunch	11:00 a.m. – 11:40 a.m.	40
Period 3	11:45 a.m. – 1:15 p.m.	90
<i>Faculty Collaboration Time</i>		

Wednesday Bell Schedule

Period	Time	Minutes
Period 4	7:55 a.m. – 9:25 a.m.	90
Period 5	9:30 a.m. – 11:00 a.m.	90
Lunch	11:00 a.m. – 11:40 a.m.	40
Period 6	11:45 a.m. – 1:15 p.m.	90
Period 7	1:20 p.m. – 2:50 p.m.	90

Minimum Day Bell Schedule (No Period 4)

Period	Time	Minutes
Period 1	7:55 a.m. – 8:33 a.m.	38
Period 2	8:38 a.m. – 9:16 a.m.	38
Period 3	9:21 a.m. – 9:59 a.m.	38
Period 5	10:04 a.m. – 10:42 a.m.	38
Period 6	10:48 a.m. – 11:26 a.m.	38
Period 7	11:31 a.m. – 12:09 p.m.	38
Lunch	12:09 p.m. – 12:29 p.m.	20

***Berkeley High School***

Berkeley Unified School District

Berkeley, California

**Traditional 7 period schedule with Monday Late Start Faculty Collaboration**

*Regular Schedule: Tuesday – Friday*

<i>Period</i>	<i>Times</i>	<i>Minutes</i>
00	7:23 – 8:21	58
01	8:27-9:25	58
02	9:31-10:34	58+ 5 <i>for Bulletin</i>
03	10:40-11:38	58
Lunch	11:38 – 12:18	40
04	12:24 – 1:22	58
05	1:28 - 2:26	58
06	2:32 – 3:30	58
07	3:36 – 4:34	58

*Mondays Late Start*

<i>Period</i>	<i>Times</i>	<i>Minutes</i>
Staff Meeting	8:00 – 9:30	90
01	9:57 -10:40	43
02	10:46 – 11:34	43 + 4 <i>for bulletin</i>
03	11:40 – 12:23	43
LUNCH	12:24 – 1:04	40
04	1:09 – 1:52	43
05	1:58 – 2:41	43
06	2:47 – 3:30	43
07	3:36 – 4:19	43

## **South Aiken High School**

Aiken County Public School District  
Aiken, South Carolina

**Traditional seven period day schedule with 3 lunches; weekly advisory schedule; weekly early release schedule**

### Regular Bell Schedule

1 <sup>st</sup>	8:15 – 9:05
2 <sup>nd</sup>	9:10 – 10:00
3 <sup>rd</sup>	10:05 – 10:55
4 <sup>th</sup> – 1 <sup>st</sup> Lunch	10:55-11:25 L1; 11:30-12:25 4 <sup>th</sup>
4 <sup>th</sup> – 2 <sup>nd</sup> Lunch	11:00 – 11:25 4 <sup>th</sup> ; 11:25-11:55 L2; 12:00-12:25 – 4 <sup>th</sup>
4 <sup>th</sup> – 3 <sup>rd</sup> Lunch	11:00 – 11:55 4 <sup>th</sup> ; 11:55 – 12:25 L3
5 <sup>th</sup>	12:30 – 1:20
6 <sup>th</sup>	1:25 – 2:15
7 <sup>th</sup>	2:20 – 3:15

### Advisory/Homeroom Thursday Schedule

1 <sup>st</sup>	8:15 – 9:00
2 <sup>nd</sup>	9:05 – 9:50
3 <sup>rd</sup>	9:55 – 10:40
Advisory/ Homeroom	10:45 – 11:15
4 <sup>th</sup> – 1 <sup>st</sup> Lunch	11:15-11:45 L1; 11:50-12:45 4 <sup>th</sup>
4 <sup>th</sup> – 2 <sup>nd</sup> Lunch	11:20 – 11:45 4 <sup>th</sup> ; 11:45-12:15 L2; 12:20-12:45 – 4 <sup>th</sup>
4 <sup>th</sup> – 3 <sup>rd</sup> Lunch	11:20 – 12:15 4 <sup>th</sup> ; 12:15 – 12:45 L3
5 <sup>th</sup>	12:50 – 1:35
6 <sup>th</sup>	1:40 – 2:25
7 <sup>th</sup>	2:30 – 3:15

### Early Release

1 <sup>st</sup>	8:15 – 8:50
2 <sup>nd</sup>	8:55 – 9:25
3 <sup>rd</sup>	9:30 – 10:00
4 <sup>th</sup> – 1 <sup>st</sup> Lunch	10:05-10:30 L1; 10:35-11:30 4 <sup>th</sup>
4 <sup>th</sup> – 2 <sup>nd</sup> Lunch	10:05 – 10:30 4 <sup>th</sup> ;

	10:30-11:00 L2; 11:05-11:30 – 4 <sup>th</sup>
4 <sup>th</sup> – 3 <sup>rd</sup> Lunch	10:05 – 11:00 4 <sup>th</sup> ; 11:00 – 11:30 L3
5 <sup>th</sup>	11:35 – 12:05
6 <sup>th</sup>	12:10 – 12:40
7 <sup>th</sup>	12:45 – 1:15

### **Auburn Mountainview High School**

Auburn, Washington

2013-2014 School Year

Approximately 1500 Students

### **7 periods with embedded CORE/Choice time (tiered intervention)**

Zero Period	7:05 – 7:55	50 min.
First Period	8:05 – 8:55	50 min.
Second Period	9:00 – 9:52	52 min.
	<i>(Morning PA system announcements at beginning of 2<sup>nd</sup> Period)</i>	
Core/Choice	9:56 – 10:21	25 min.
Third Period	10:25 – 11:15	50 min.

#### **Fourth Period and Lunch**

First Lunch	<u>In Class</u>	
11:20 - 11:50	11:55 - 12:45	50 min.
Second Lunch	<u>In Class</u>	
12:15 - 12:45	11:20 - 12:10	50 min.
Fifth Period	12:50 – 1:40	50 min.
Sixth Period	1:45 – 2:35	50 min.
Bus Passing	2:35 – 2:41	6 min.
WAC Time	2:35 – 3:05	30 min.

Seventh Period (Mon, Tues, Wed) 2:45 – 4:45 6 hrs/wk

CORE/Choice Grading Dates / CORE schedule changes occur the following Tuesday after grades are due.

Progress Report	October 2	First Quarter	November 6
Progress Report	December 18	Second Quarter	January 24

Progress Report	March 5	Third Quarter	April 2
Progress Report	May 7	Fourth Quarter	June 19

“The staff at AMHS has high expectations for EACH student. We know that our students are capable of performing at high levels, and we will provide you with the support to reach these expectations. This year we will continue with the 25-minute CORE/Choice period between 2<sup>nd</sup> and 34d. Students assigned to CORE will be required to participate in this support time. Students in Choice have earned the privilege to do enhancement and enrichment activities. All students must remain on campus.” – from the Principal’s letter in the Student Handbook

**What do students do during CORE/ Choice?**

<b>CORE Student Responsibilities – Required</b>	<b>Choice Student Responsibilities and Privileges</b>
Attend CORE time	Use the time according to personal needs
Work to improve grades	Attend Tutor Centers
Track and make-up missing or late work	Serve as Peer Mentors
Attend Tutor Centers	Attend a Study Hall
Organizational and study strategies support	Attend PE make-ups or Open Gym support
Make up test	Make up test
Continue Project Work	Continue project work
	Attend available seminars
	Have a snack (on campus)
<b>CORE Student Rewards</b>	<b>Choice Student Rewards</b>
Focused assistance	Specialized assistance
Additional “directed time”	Additional “undirected time”
Access to peer tutoring	Community Outreach Hours
Passing classes/learning new skills/	

academic success	

### ***Waiakea High School***

Hilo, Hawaii (Big Island), Hawaii

Waiakea High School has been involved in small learning communities/academies work for approximately ten years and now offers wall-to-wall SLCs and Academies. During this decade of school redesign work, the bell schedules at Waiakea have been tweaked multiple times. In 2013-2014, one of the priorities was to increase the amount of teacher collaboration time and to increase common planning time for SLC/academy teams. Waiakea's solution was to build in teacher professional development time and teacher team common planning time at the end of the school day on a daily basis.

	Monday		Tuesday		Wednesday		Thursday		Friday (even)		Friday (odd)
2	8:05 – 9:30	1	8:05 - 9:24	2	8:05 – 9:30	1	8:05 - 9:24	2	8:05 – 9:30	1	8:05 - 9:24
		3	9:30 – 10:45	8	9:36– 9:56' **	3	9:30 – 10:45			3	9:30 – 10:45
recess	9:30– 9:50	recess	10:45 – 11:05	recess	9:56– 10:16	recess	10:45 – 11:05	recess	9:30– 9:50	recess	10:45 – 11:05
4	9:55 – 11:17	5	11:10 – 12:25	4	10:21– 11:43	5	11:10 – 12:25	4	9:55 – 11:17	5	11:10 – 12:25
lunch	11:17– 11:47	lunch	12:25 – 12:55	lunch	11:43– 12:13	lunch	12:25 – 12:55	lunch	11:17– 11:47	lunch	12:25 – 12:55
6	11:52 – 1:14	7	1:00 – 2:15	6	12:18 – 1:40	7	1:00 – 2:15	6	11:52 – 1:14	7	1:00 – 2:15
	2:14 – 2:59 Teacher Prep 3:14 – 3:59 PD Monday s		2:15 – 3:00 Teacher Prep		2:15 – 3:00 Teacher Prep 3:15 – 4:00 PD Wednesdays		2:15 – 3:00 Teacher Prep		2:14 – 2:59 Teacher Prep		2:15 – 3:00 Teacher Prep



Note: Due to some shortened school weeks during the school year, there is a published schedule for days on which Friday's schedule includes odd numbered classes and days on which Friday's schedule includes even number classes.

Note: The Period 8 in the schedule on Wednesdays is the weekly student advisory.

Note:: Hawaii is increasing the number of required instructional minutes, especially at the high school level, and so many of the schools in Hawaii will be changing their bell schedules in 2014-2015 and beyond.

### **Luther Burbank High School**

Sacramento City Schools  
Sacramento, California

Luther Burbank High School in Sacramento offers a traditional seven period day schedule, but takes an interesting approach to building the master schedule. Luther Burbank HS is a wall-to-wall pathway/SLC school of approximately 1761 students. Each year the school administration, counselors, and SLC leaders meet together and determine where in the schedule they will place "global" courses (those open to students from all pathways) and then each SLC, with a full cohort of dedicated interdisciplinary faculty, determines its own schedule. There are agreed upon policies that guide this work, experienced SLC lead teachers to mentor others in the scheduling process, and an administrator who provides oversight. The resulting schedule serves students well and results in purely scheduled pathway/SLC classes.

Since each SLC is purely scheduled, each SLC has the opportunity for flexible use of time within the SLC program of study.

SLCs/Pathways at Luther Burbank High School include:

- Business and Information Technology
- International and Environmental Studies
- Law and Social Justice
- Medical and Health Sciences
- Visual and Performing Arts
- Construction and Design

Enrollment: 1761    Grade Span: 9-12

Socioeconomic Disadvantaged: 95.7%

English Language Learners: 27.1%

Students with Disabilities: 12.4%

30.9% Asian, 35.5% Hispanic/Latino, 19% African American; 4.9% Pacific Islander, 3.6% White, 3% Multiple Races, 1.3% Filipino, 0.5% American Indian/Alaskan Native

### **Maui High School**

Maui, Hawaii

Seven Period Cascade with Drop One - 6 periods offered each day on a rotating basis (beginning 2014-2015)

All students have a 7-class schedule. Periods rotate based on a calendar provided at the beginning of each semester.

Monday, Tuesday, Thursday, and Friday

	Start	End	Duration
Session A	7:45	8:43	58
Passing	8:43	8:48	5
Session B	8:48	9:46	58
Recess	9:46	10:01	15
Session C	10:01	10:59	58
Passing	10:59	11:04	5
Session D	11:04	12:02	58
Lunch & Recess	12:02	12:44	42
Session E	12:44	1:42	58
Passing	1:42	1:47	5
Session F	1:47	2:45	58

Wednesday

	Start	End	Duration
Session A Includes 9 additional minutes for homeroom/ announcements	7:45	8:50	65
Recess	8:50	9:04	15
Session B	9:05	10:10	65
Passing	10:10	10:15	5
Session C	10:15	11:20	65
Lunch	11:20	11:57	37
Session D	11:57	1:00	63
<i>Teacher Meetings/ Collaboration</i>	<i>1:00</i>	<i>2:45</i>	

### **Waipahu High School**

Waipahu, Oahu, Hawaii

7 - Periods – Rotating Schedule with each class meeting 3 times a week for the entire school year. Three to six classes meet daily.

Waipahu High School is a wall-to-wall Small Learning Communities School:

Pathways at Waipahu include: Arts and Communications Pathway, Business Pathway, Industrial and Engineering Technology Pathway, Natural Resources Pathway, Public & Human Services Pathway, Health Services Pathway. Embedded within several of the Pathways are Career Academies that are aligned with the National Academy Foundation and/or follow the National Standards of Practice for Career Academies.

Houses at Waipahu include: A.I.M. 10<sup>th</sup> grade House, F.A.M.E. 9<sup>th</sup> grade House, F.I.R.E. 10<sup>th</sup> grade House, Getting Green 10<sup>th</sup> Grade House, Getting Green 9<sup>th</sup> grade house, Hale No Ka Oi 9<sup>th</sup> Grade House, Invictus 9<sup>th</sup> Grade House, L.O.E.S. 9<sup>th</sup>/10<sup>th</sup> Grade House, N2N Blue & Gold House and ELL Pathway Support.

See Waipahu’s College and Career Framework at

[http://www.edline.net/files\\_hKJDj\\_/962f0c2ffd469fe33745a49013852ec4/WHS-SLC\\_College\\_and\\_Career\\_Framework\\_11x17color\\_27Sep12.pdf](http://www.edline.net/files_hKJDj_/962f0c2ffd469fe33745a49013852ec4/WHS-SLC_College_and_Career_Framework_11x17color_27Sep12.pdf)

Periods 1, 2, 3, 4, 5, 6 meet on Mondays.

Periods 1, 3, 5, 7 meet on Tuesdays.

Periods 1, 3, 5 meet on Wednesdays and there is also early release for faculty planning, collaboration, and professional development.

Periods 2, 4, 6, and 7 meet on Thursday.

Periods 2, 4, 6, and 7 meet on Fridays.

Class periods range between 50 minutes and 80 minutes and the length of a class will typically vary on different days of the week. Each class meets 3 times each week for the entire year.

				<u>Monday</u>
<b>Description / Period</b>	<b>Start Time</b>	<b>End Time</b>	<b>Length</b>	
Passing	7:55 AM	8:00 AM	5 min	
Period 1	8:00 AM	8:50 AM	50 min	
Passing	8:50 AM	8:55 AM	5 min	
Period 2	8:55 AM	9:45 AM	50 min	
Recess	9:45 AM	9:55 AM	10 min	
Passing	9:55 AM	10:00 AM	5 min	
Period 3	10:00 AM	10:50 AM	50 min	
Passing	10:50 AM	10:55 AM	5 min	
Period 4	10:55 AM	11:45 AM	50 min	
Lunch	11:45 AM	12:15 PM	30 min	
L. Recess	12:15 PM	12:25 PM	10 min	
Passing	12:25 PM	12:30 PM	5 min	
Period 5	12:30 PM	1:20 PM	50 min	
Passing	1:20 PM	1:25 PM	5 min	
Period 6	1:25 PM	2:15 PM	50 min	

				<u>Wednesday</u>
<b>Description / Period</b>	<b>Start Time</b>	<b>End Time</b>	<b>Length</b>	
Passing	7:55 AM	8:00 AM	5 min	
Period 1	8:00 AM	9:15 AM	75 min	
Recess	9:15 AM	9:25 AM	10 min	

Passing	9:25 AM	9:30 AM	5 min
Period 3	9:30 AM	10:45 AM	75 min
Lunch	10:45 AM	11:15 AM	30 min
L. Recess	11:15 AM	11:30 AM	15 min
Passing	11:25 AM	11:30 AM	5 min
Period 5	11:30 AM	12:45 PM	75 min
PREP	12:45 PM	1:25 PM	40 min
MEETINGS	1:25 PM	3:00 PM	95 min

Thursday

Description / Period	Start Time	End Time	Length
Passing	7:55 AM	8:00 AM	5 min
Period 2	8:00 AM	9:20 AM	80 min
Passing	9:20 AM	9:25 AM	5 min
Period 7	9:25 AM	10:32 AM	67 min
Recess	10:32 AM	10:42 AM	10 min
Passing	10:42 AM	10:47 AM	5 min
Period 4	10:47 AM	12:02 PM	75 min
Lunch	12:02 PM	12:32 PM	30 min
L. Recess	12:32 PM	12:42 PM	10 min
Passing	12:42 PM	12:47 PM	5 min
Period 6	12:47 PM	2:02 PM	75 min

TUE / FRI HR

Description / Period	Start Time	End Time	Length
Passing	7:55 AM	8:00 AM	5 min
Period 1/2	8:00 AM	9:20 AM	80 min
Passing	9:20 AM	9:25 AM	5 min
Period 7	9:25 AM	10:32 AM	67 min
Recess	10:32 AM	10:42 AM	10 min
Passing	10:42 AM	10:46 AM	4 min
Period 3/4	10:46 AM	12:01 PM	75 min
Lunch	12:01 PM	12:31 PM	30 min
Passing	12:31 PM	12:35 PM	4 min
Homeroom	12:35 PM	12:55 PM	20 min
Passing	12:55 PM	1:00 PM	5 min
Period 5/6	1:00 PM	2:15 PM	75 min

**Bibb County Schools  
Georgia  
PowerPoint: High School Scheduling Redesign**

“Strategy: Focus on School Structure

Goal 3: Design and implement a 21<sup>st</sup> Century Structure to maximize district performance and efficiency

Strategy 1 (Action Step 1): Change the high school schedule from the current four block schedule to a seven period day which creates savings of approximately \$1.5 to 3 million

dollars.”

Students will take 7 classes; teachers will teach 6 out of 7 periods each day. “This additional 30 minutes a day in the classroom for each teacher at all seven high schools would result in a maximum reduction of 39 teaching positions with an approximate savings of \$2.9 million in salaries and benefits (in the fourth year of implementation)...”

PowerPoint answers question, “Why Consider Seven Period Day?,” describes the Budget Implications, and the Implementation Timeline.

[http://www.bibb.k12.ga.us/cms/lib01/GA01000598/Centricity/domain/1/board%20briefs/IS\\_2\\_Bibb%20High%20School%20Scheduling%207%20Period%20022813.pdf](http://www.bibb.k12.ga.us/cms/lib01/GA01000598/Centricity/domain/1/board%20briefs/IS_2_Bibb%20High%20School%20Scheduling%207%20Period%20022813.pdf)

*We will continue to update the bell schedule resources in the CCASN Master Schedule Guide. If you are aware of a bell schedule that supports student learning and achievement and includes innovations in the use of time or know someone we should talk with about a particular District or school bell schedule, please share your bell schedule examples and resources with Patricia Clark ([patricia510@gmail.com](mailto:patricia510@gmail.com)) and/or Phil Saroyan ([jp9@jps.net](mailto:jp9@jps.net)) from the College and Career Academy Support Network at the University of California Berkeley, Graduate School of Education. Thank you.*